



# Bemidji State Men's Basketball

Week 11: NSIC Home Games

Feb. 5-6

## This Week

*NSIC Home Games*

**February 5**

**vs. Concordia University**

**10-10 (7-6 NSIC)**

**BSU Gymnasium**

**8 p.m.**

**February 6**

**vs. St. Cloud State**

**16-4 (10-3 NSIC)**

**BSU Gymnasium**

**8 p.m.**

## Next Up

**NSIC Road Games**

**at MSU Moorhead**

**Feb. 12 • 8 p.m.**

**at Minnesota, Crookston**

**Feb. 13 • 6 p.m.**

## Beavers host CU and SCSU

**This Week:** The Bemidji State University men's basketball team hosts its final full weekend of NSIC basketball Feb. 5-6. Concordia University, St. Paul and St. Cloud State University are visiting the BSU Gymnasium with both tip-offs set for 8 p.m.

**About Bemidji State:** The Beavers are 7-12 overall and 4-9 in NSIC play, sitting in a three-way tie for 11th in conference standings with University of Minnesota Duluth and MSU Moorhead. BSU fell in both its NSIC road contests last weekend to then-No. 5 Minnesota State University, Mankato (108-66) and Southwest Minnesota State University (71-67).

- Senior **Seth Haake** is shooting 53.6 percent from the field this season and is ninth in the NSIC. He is shooting 44.6 percent from beyond the arc to rank eighth in the league. Haake owns a 49.6 field goal percentage and 41.8 3-point percentage in his career.
- Freshman **Lance Rongstad** has 12.8 points per game in conference games this season to rank 17th overall and second among freshmen. \* Due to injury suffered Jan. 30 versus SMSU, Rongstad will not play this weekend \*
- BSU is the best free throw shooting team in the conference this season and stands 7th in the nation in free throw percentage at a 76.2 clip.

## Multimedia

**Live stats at home:**

<http://www.bsubeavers.com/livestats/mbasketball/>

**Watch all home and NSIC games live and for free on Penn Atlantic**

[www.northernsun.org](http://www.northernsun.org)

## Athletic Media Relations

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### PROBABLE STARTERS

No.	Name	Yr.	Pos.	Ht.	Key Stats
2	Seth Haake	Sr.	G	6-3	17.1 ppg, 4.3 rpg, 53.6 FG% <i>His 18.2 ppg in conference play stands third in the NSIC.</i>
11	Jake Lindstrom	So.	G	6-0	7.3ppg, 2.4rpg, 2.2apg in NSIC <i>Has 19 steals, which is second on the squad.</i>
34	Mason Walters	Fr.	G/F	6-7	5.8 ppg, 2.6 rpg, 43.3 FG% <i>Started the last six games, posting 9.3 ppg, 4.3 rpg and 41.9 FG%.</i>
13	Patrick Cassidy	Jr.	F	6-6	8.1 ppg, 3.6 rpg, 48.0 FG% <i>Has started every game this season, averaging 26.3 minpg.</i>
32	Bryce Tesdahl	So.	G/F	6-3	10.1 ppg, 5.3 rpg, 4.9 apg <i>Is fourth in the conference and 13th in the nation in FT% at a 90.1 clip.</i>

### OFF THE BENCH

No.	Name	Yr.	Pos.	Ht.	Key Stats
3	Lance Rongstad	Fr.	G	6-3	12.8 ppg, 4.2 rpg, 55.6 FG% in conf.
12	Jon Krebs	Fr.	G	6-5	Has played in nine games.
15	Burke Lendl	Fr.	F	6-7	2.6 ppg, 1.8 rpg, 41.7 3PT%
25	Noah Shepherd	Fr.	G	6-2	2.3 ppg, 0.9 apg, 46.9 FG%
50	David Berthene	Fr.	F	6-9	5.6 ppg, 46.6 FG% in conf.

**About Concordia University:** Concordia University is 10-10 overall and 7-6 in conference play to sit sixth in the league standings. CU swept its NSIC home weekend Jan. 29-30, downing then-No. 17 Augustana 82-79 and Wayne State 63-61. The Golden Bears own a 3-3 record on the road. They are led by senior Craig Heiman's 14.0 points per game, that is 13th in league. Sophomore Brent Barz has a team-high 7.2 rebounds per game, while adding 11.3 points per contest.

**Series History:** The Beavers hold a 12-9 all-time advantage against CU. BSU is 1-4 in the last five meetings, losing earlier this season 110-76 in St. Paul.

**About St. Cloud State:** The Huskies are 16-4 overall and 10-3 in the NSIC for sole possession of second in the league. SCSU has won its last three games and is 13-2 in its last 15. St. Cloud State downed Wayne State, 74-66, and then-No. 17 Augustana, 68-58, Jan. 29-30 in two NSIC home games. The Huskies are 5-2 on the road in 2009-10. Reigning *NSIC Player of the Week* senior Matt Schneck is first in the league in rebounds per game at a 10.5 clip, while his 17.1 points per game is fifth in the conference in scoring. Taylor Witt has 15.0 points per game and his 4.95 assists per game leads the squad and is third in the conference.

**Series History:** BSU is 41-88 all-time against the Huskies and 1-4 in the last five meetings. Earlier this season in St. Cloud, the Beavers fell 80-69.

**Last Action:** The Beavers went 0-2 in a NSIC road trip at Minnesota State (108-66) and Southwest Minnesota State (71-67).

**Jan. 29 - vs. Minnesota State:** The Bemidji State University men's basketball team fell to No. 5 Minnesota State University, Mankato 108-66 in a Northern Sun Intercollegiate Conference contest at the Taylor Center Friday.

The Beavers battled with the high-powered Mavericks for the game's first nine minutes, trading baskets and runs. MSU went out to a 10-2 lead, but BSU battled back and cut it to a two point deficit with a 8-2 run to make the score 12-10 MSU. The Mavericks increased the lead to six with 14:59 on the clock, but a sophomore **Jake Lindstrom** (G, Cottage Grove, Minn.) shot from downtown cut the deficit to one at 18-17 with 14:01 reading on the scoreboard. MSU then utilized its multiple-threat offense and jumped out to a 10-point lead with a 13-4 run, holding a 31-21 lead with 10:19 remaining in the half. The Mavericks were then off to the races and closed the half with a 23-10 run to own a 54-31 lead at the half.

The second half was more of the home team as they took a 31-point lead at 71-40 with 15:33 on the clock. MSU kept rolling through the final buzzer, winning by 42 with a score of 108-66.

## 2009-10 Schedule

Date	Opponent	Time/Result
Nov. 4	Wisconsin (exh.)	L, 54-90
Nov. 8	North Dakota (exh.)	L, 63-65
Nov. 20	College of the Ozarks !	W, 60-54
Nov. 21	Viterbo University !	W, 69-44
<b>Nov. 24</b>	<b>Jamestown College</b>	<b>L, 69-72</b>
Nov. 27	Purdue North Central ^	W, 88-60
Nov. 28	UW-Parkside ^	L, 65-78
<b>Dec. 4</b>	<b>MSU Moorhead *</b>	<b>L, 71-73</b>
<b>Dec. 5</b>	<b>Minnesota, Crookston *</b>	<b>W, 89-72</b>
Dec. 12	Winona State *	W, 88-87 OT
Dec. 13	Upper Iowa *	L, 80-91
Dec. 29	Northern Michigan	L, 75-84
<b>Jan. 2</b>	<b>Augustana College *</b>	<b>L, 73-80</b>
<b>Jan. 3</b>	<b>Wayne State (Neb.) *</b>	<b>L, 66-78</b>
Jan. 8	Concordia University *	L, 76-110
Jan. 9	St. Cloud State *	L, 69-80
<b>Jan. 15</b>	<b>Northern State *</b>	<b>L, 65-67</b>
<b>Jan. 16</b>	<b>University of Mary *</b>	<b>W, 81-59</b>
<b>Jan. 23</b>	<b>Minnesota Duluth *</b>	<b>W, 71-69</b>
Jan. 29	Minnesota State *	L, 66-108
Jan. 30	Southwest Minn. St. *	L, 67-71
<b>Feb. 5</b>	<b>Concordia University *</b>	<b>8 p.m.</b>
<b>Feb. 6</b>	<b>St. Cloud State *</b>	<b>8 p.m.</b>
Feb. 12	MSU Moorhead *	8 p.m.
Feb. 13	Minnesota, Crookston *	6 p.m.
<b>Feb. 16</b>	<b>Finlandia</b>	<b>7 p.m.</b>
<b>Feb. 20</b>	<b>Winona State *</b>	<b>4 p.m.</b>
Feb. 24	Minnesota Duluth *	8 p.m.
Feb. 27	Wayne State (Neb.) *	6 p.m.
Mar. 2	NSIC Tournament	TBA

Home games in **Bold**

\* - Northern Sun Intercollegiate Conference game

exh. - Exhibition game

! - Viterbo Pepsi Tournament (La Crosse, Wis.)

^ - UW-Parkside Tournament (Kenosha, Wis.)

All 10 active members of the active roster saw playing time and logged at least 14 minutes, with each player getting in the scoring column. Lindstrom led the squad with 12 points on 4-of-8 shooting from the field. Freshman **Lance Rongstad** (G, Eleva, Wis.) was the only other Beaver to score in double-figures, netting 10 points on 5-of-6 shooting from the field, while adding four rebounds. Freshman **Mason Walters** (G/F, Milton, Wis.) scored eight points and added a team-high five rebounds. BSU shot 42.6 percent from the field, but MSU was 55.9 percent from the field and 50 percent from beyond the arc, hitting 11 3-pointers. MSU had five players in double-figures.

**Jan. 30 - vs. Southwest MSU:** In a game that had 14 lead changes and eight ties, the Bemidji State University men's basketball team just couldn't find a way to be on the winning end of a Northern Sun Intercollegiate Conference battle at the R/A Facility between the Beavers and Southwest Minnesota State University Saturday. BSU lost to the Mustangs 71-67.

In the first half, the Beavers (7-12, 4-9 NSIC) were able to move the ball well on offense against the Mustangs (11-8, 6-7 NSIC), getting easy buckets underneath. BSU scored 20 points in the paint and had 14 assists in the first frame. The first nine minutes of the game saw both teams running and gunning with the score knotted 18-18. After a BSU free throw gave the Beavers a 19-18 lead, the Mustangs went on a 5-0 run to grab the four point advantage. BSU then responded with a run of its own, rattling-off nine unanswered points to take a 28-23 lead with 4:25 showing on the clock. The Beavers got scoring from three different players in the run, including four from senior guard **Seth Haake** (Eden Prairie, Minn.). BSU continued to produce on the offensive end and play tight defense, increasing its lead to a game-high six when the halftime buzzer sounded at 37-31. Freshman **Lance Rongstad** (G, Eleva, Wis.) scored 12 points in the first half, but had to sit out the second half due to injury.

BSU was able to hold a small lead for the first 7:40 of the second half, but then SMSU's shooters came alive and a Mustang 3-pointer gave the home team a two point lead at 48-46. The Beavers then responded with a 4-0 run to take a 52-48 lead off four points from sophomore guard **Bryce Tesdahl** (Crosby, Minn.) with 10:59 remaining. The game then proceeded to a see-saw match with each team going on mini-runs. From the 10:59 mark to the 4:34 mark, the lead changed four times and the game was tied three times. With 4:34 left, the game was tied 60-60. At 2:40 freshman **Burke Lendl** (F, St. Michael, Minn.) made the quickest and cleanest spin move of his young collegiate career in the lane to lay-up a bucket with the shot clock ticking away. The lead didn't last long as two SMSU free throws tied the game at 62-62 with 2:13 reading on the clock.

With just three seconds left on the shot clock, SMSU made a 3-point bomb from three feet beyond the 3-point line to erupt the

### **BEMIDJI STATE QUICK FACTS**

School/Enrollment:..... Bemidji State University (5,020)  
 Location/Founded:.....Bemidji, Minnesota 56601 (1919)  
 Population:.....30,000 (reflects city and surrounding area)  
 Conference:..... Northern Sun Intercollegiate  
 Affiliation:.....NCAA Division II (NCAA I-Hockey)  
 Nickname:.....Beavers  
 School Colors:..... Green (PMS 3305) and White  
 Home Court:..... BSU Gymnasium (2,500)  
 Press Row Phone:..... (218) 755-3620  
 President:.....Dr. Jon Quistgaard (Arizona '79)  
 Athletic Director:.....Dr. Rick Goeb (North Dakota St. '89)  
 Senior Woman's Administrator:.....Sarah Levesque (North Dakota '00)  
 SWA Phone:..... (218) 755 2142  
 Head Athletic Trainer:..... Bill Crews  
 Athletic Trainer Phone:..... (218) 755-2769  
 Compliance Coordinator:.....Sarah Levesque  
 Compliance Phone:..... (218) 755-2142  
 Ticket Manager:.....Pam Papp  
 Tickets Phone:..... (218) 755-3993  
 Athletics Administrative Assistant:.....Debbie Slough  
 Athletic Phone:..... (218) 755-2941  
 Athletic Fax:..... (218) 755-3898

### **ATHLETIC MEDIA RELATIONS**

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 Volleyball/Basketball Press Row:..... (218) 755-3620  
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### **PROGRAM HISTORY**

First year of men's basketball:..... 1921  
 Overall record (87 seasons):..... 891-1,024 (.465)  
 Years in post-season play:.....5 (NAIA)  
 (National - 1940, 1941, 1942; District - 1984, '85)  
 ..... 1 (NCAA)  
 (North Central Regional - 2004)  
 Northern Intercollegiate (NIC) Championships:..... 8  
 .... (1940, 1941, 1942, 1951, 1952, 1954, 1957, 1967)  
 Northern Sun Intercollegiate (NSIC) Championships:..... 1 (2004)

### **COACHING STAFF**

Head Coach:.....Matthew Bowen  
 (Indiana, 1995)  
 Men's Basketball Office Phone:..... (218) 755-2774  
 Record at School:..... 26-81 - Fourth season  
 Career Record:..... 26-81 - Fourth season  
 Assistant Coaches:..... Jeremy Tiers (Lakehead University '98)  
 Ryan Montgomery (Hamline University '06)

### **TEAM INFORMATION**

2008-09 Record:.....8-19 (6-14 NSIC, T-10th)  
 Starters Returning/Lost:..... 4/1  
 Letterwinner Returning/Lost:..... 8/5  
 Newcomers:..... 7

home crowd and give the Mustangs a 65-62 lead with 1:15 left. BSU tried to respond with a Lendl 3-point attempt, but it was off the mark and SMSU came down with the rebound. On its ensuing possession, the Beavers were called for a foul with 24 seconds showing on the clock. The Mustang shooter made the first shot, but missed the second. Unfortunately for BSU, the Mustangs tracked down the rebound and the Beavers were forced to foul. Deja vu occurred on the second shooter as he missed the first and then off a miss, found his own rebound and was fouled. He made both to give the Mustangs a 69-62 lead with 18 seconds left. Haake came down the court and knocked-down a deep three to cut the deficit to four with 11 ticks remaining. BSU immediately fouled and put SMSU back on the line for two shots as BSU was in the bonus. He made both and Tesdahl raced down the court for two points. That wasn't enough and BSU fell 71-67.

Tesdahl led the team in points with 16, rebounds with six and assists with seven, playing in 38 of the 40 minutes. Haake had 15 points and Rongstad and freshman **Mason Walters** (G/F, Milton, Wis.) posted 12. Walters added four assists and three rebounds. BSU shot 48.1 percent from the field in the game. SMSU shot just 38.3 percent from the field, but was 11-of-27 (40.7%) from 3-point land, marking the third consecutive game where BSU's opponent landed 10 or more 3-pointers. BSU was outrebounded 45-23 overall and 19-3 on the offensive glass, leading SMSU to score 16 second chance points to BSU's five. The Beavers only turned the ball over five times in the game, earning 11 takeaways and 14 points off turnovers. BSU owned the points in the paint category 36-24.

**NSIC Preseason Poll:** The Bemidji State men's basketball team is ranked ninth in the 2009-10 edition of the Northern Sun Intercollegiate Conference Preseason Coaches' Poll, receiving 89 points. The Beavers are coming off a year where they finished tied for 10th in the NSIC with a 6-14 record.



**NSIC Preseason Player to Watch:** Senior guard **Seth Haake** (Eden Prairie, Minn.) played and started in all 27 games for the Beavers in 2008-09, leading the team in points (13.9 p/g), rebounds (4.7 r/g), minutes (30.4 m/g) and steals (1.7 s/g), while finishing second on the team in assists (2.0 a/g). His 13.9 points per game was the most by a Beaver player since 2003-04 and ranked 12th in overall scoring in the NSIC. Haake earned his first career *NSIC Player of the Week* award after leading BSU in a 3-0 week, Jan. 6-10, which included wins over Dickinson State, Concordia University and St. Cloud State. He averaged 20.0 points, 6.7 rebounds and shot 60 percent from the floor in the three games. In NSIC play he averaged 13.9 points, 4.6 rebounds, 2.25 assists and shot .526 from the floor. Haake had a team-high 20 games in double-figures in scoring, including six games with over 20 points.

**Bowen in Season Openers:** Head coach **Matt Bowen** earned his first victory in season openers in his four seasons at BSU on Nov. 20. The Beavers defeated College of the Ozarks 60-54 at the Viterbo University Pepsi Tournament.

#### Season Opener Record

Date	Opponent	Site	Result
11/20/09	College of the Ozarks	La Crosse, Wis.	W, 60-54
11/18/08	Jamestown College	Bemidji, Minn.	L, 52-53
11/16/07	St. Cloud State	St. Cloud, Minn.	L, 61-86
11/15/06	Minnesota Duluth	Duluth, Minn.	L, 59-90

**Grand Accomplishment:** With a free throw with 4:38 remaining in a 71-69 win Jan. 23 against Minnesota Duluth, senior **Seth Haake** scored his 1,000th point of his career. He is the first Beaver to accomplish the feat since All-America Charles Hanks do so from 2001-04.

**Two is Better than One:** Sophomore **Bryce Tesdahl** (G, Crosby, Minn.) posted 20 points, 11 assists and

nine rebounds in a 88-87 overtime victory against No. 17 Winona State University Dec. 12, posting the first double-double of his career and the first by Beaver in 2009-10. Both the point and assist totals were career-highs and the nine rebounds tied a career-high.

**Thanks for the Charity:** Tesdahl is 64-of-71 from the charity stripe this season, posting a 90.1 percentage from the line that stands fourth in the NSIC and 13th in the nation. BSU is first in overall games and in conference games this season in free throw percentage, standing 7th in the nation at a 76.2 percentage.

**Helping Hand:** With 15.92 assists per game in conference play this season, the Beavers are fourth in the league. Winona State is first at 18.54 apg. Tesdahl has 5.3 assists per game in league games, which is third. With 4.9 apg in all games, Tesdahl is fourth in the league and 52nd in the nation.

**Andrew Jackson:** Senior **Seth Haake** scored in the 20's four consecutive games Dec.12-Jan. 2, pouring in a season-high 27 against Northern Michigan Dec. 29. He scored 23 against UMD Jan. 23 for his fifth 20-plus point performance. He had six 20-plus point games last season.

**National Ranking:** In the NCAA national ranking summary from games thru Jan. 31, BSU is 7th in free throw percentage at a 76.2 clip. The Beavers are also in the top 55 (270 ranked) in assist to turnover ratio (48th, 1.13 ratio), turnovers per game (50th, 13.3 tpg) and field goal percentage (55th, 47.5 percent). Sophomore **Bryce Tesdahl** is 13th in free throw percentage at a 90.1 mark and stands 52nd in assists per game with 4.9 per contest. He is also 65th in assist to turnover ratio with a 1.96 mark. Senior **Seth Haake** is 75th in field goal percentage with a 53.6 percentage and 88th in steals per game with 1.9 stlpg.

**Young Look:** The Beavers' active roster of 10 student-athletes consists of six true freshman, with only two upperclassmen. That makes 80 percent of the roster underclassmen. Last season, head coach **Matt Bowen** and his staff had to deal with 75 percent of the roster as underclassmen. In his first season (2006-07) Bowen inherited a team that had 7-of-12 (58%) players as upperclassmen. His second year balanced out at 52 percent underclassmen and 48 percent upperclassmen.

**Work Horses:** Four of the regular starters for the Beavers have logged at least 26.7 minutes per game in conference play this season, placing them all in the top 30 in the conference rankings for minutes per game. Freshman **Lance Rongstad** has logged the second most minutes by a freshman this season with 27.2 minpg.

<b>Player</b>	<b>GP/GS</b>	<b>Rk</b>	<b>MPG</b>
Seth Haake	13/13	9	33.4
Bryce Tesdahl	13/13	10	33.1
Lance Rongstad	13/11	T26	27.2
Patrick Cassidy	13/13	30	26.7

**Beavers in the NSIC  
(Overall)**

**Scoring**

1 David Johnson (WSU) 20.7  
**4 Seth Haake 17.1**

**Rebounding**

1 Matt Schneck (SCSU) 10.5  
**14 Bryce Tesdahl 5.3**

**Field Goal Percentages**

1 Jefferson Mason (MSU) 64.5  
**9 Seth Haake 53.6**  
**12 Lance Rongstad 51.8**

**Free Throw Percentages**

1 Mitch Boeck (NSU) 91.8  
**4 Bryce Tesdahl 90.1**  
**12 Seth Haake 80.6**

**3-point Field Goal Percentages**

1 Marcus Hill (MSU) 55.0  
**8 Seth Haake 44.6**

**3-Point Field Goals Made**

1 Derek Hoellein (NSU) 61  
**11 Seth Haake 37**

**Blocked Shots**

1 Alex Novak (MSUM) 2.60

**Assists**

1 Ben Fischer (WSU) 7.83  
**4 Bryce Tesdahl 4.95**

**Steals**

1 Jordan Dalton (AUGIE) 2.30  
**2 Seth Haake 1.95**

**COMPARISON IN NSIC STATISTICS  
(Overall)**

**CONCORDIA UNIVERSITY**

76.8, 5TH  
 73.8, 11TH  
 67.6, 14TH  
 48.1, 4TH  
 38.4, 3RD  
 +3.1, 5TH  
 3.35, 6TH  
 17.15, 3RD  
 -1.70, 10TH

◀ **SCORING OFFENSE**

◀ **SCORING DEFENSE**

**FREE THROW %** ▶

◀ **FIELD GOAL %**

◀ **3-POINT FG %**

◀ **REBOUNDING MARGIN**

◀ **BLOCKED SHOTS**

◀ **ASSISTS**

**TURNOVER MARGIN** ▶

**BEMIDJI STATE**

8TH, 73.1  
 13TH, 75.6  
 2ND, 76.2  
 6TH, 47.5  
 12TH, 34.3  
 11TH, -0.8  
 11TH, 2.16  
 5TH, 15.05  
 7TH, -0.63

**ST. CLOUD STATE**

77.7, 4TH  
 67.9, 4TH  
 70.6, 7TH  
 46.6, 8TH  
 33.0, 13TH  
 +5.4, 3RD  
 5.35, 1ST  
 14.30, T8TH  
 +1.45, 5TH

◀ **SCORING OFFENSE**

◀ **SCORING DEFENSE**

**FREE THROW %** ▶

**FIELD GOAL %** ▶

**3-POINT FG %** ▶

◀ **REBOUNDING MARGIN**

◀ **BLOCKED SHOTS**

◀ **ASSISTS**

**TURNOVER MARGIN** ▶

**BEMIDJI STATE**

8TH, 73.1  
 13TH, 75.6  
 2ND, 76.2  
 6TH, 47.5  
 12TH, 34.3  
 11TH, -0.8  
 11TH, 2.16  
 5TH, 15.05  
 7TH, -0.63

**Beavers in the NSIC  
(Conference Only)**

**Scoring**

1 Anthony Moody (MARY) 20.5  
**3 Seth Haake 18.2**  
**17 Lance Rongstad 12.8**

**Rebounding**

1 Brett Spiker (WSC) 11.5  
**T9 Bryce Tesdahl 6.0**  
**T20 Seth Haake 4.3**

**Field Goal Percentages**

1 Joel Armstrong (WSU) 73.7  
**10 Lance Rongstad 55.6**  
**15 Seth Haake 52.1**

**Free Throw Percentages**

1 Jake Driscoll (MSUM) 94.5  
**5 Bryce Tesdahl 88.0**  
**9 Jake Lindstrom 86.2**  
**13 Seth Haake 79.5**

**Steals**

**1 Seth Haake 2.15**

**3-point Field Goal Percent**

1 Jon Walburg (WSU) 61.3  
**8 Seth Haake 45.8**

**3-point Field Goals Made**

1 Derek Hoellein (NSU) 43  
**T8 Seth Haake 27**

**Assists**

1 Ben Fischer (WSU) 8.36  
**3 Bryce Tesdahl 5.38**  
**T15 Seth Haake 2.85**

**BEAVERS' 2009-10 RECORD WHEN...**

<b>MONTH</b>	
Plays in November .....	3-2
Plays in December .....	2-3
Plays in January .....	2-7
Plays in February .....	0-0
Plays in March .....	0-0

<b>DAY OF THE WEEK</b>	
Plays on Sunday .....	0-2
Plays on Monday .....	0-0
Plays on Tuesday .....	0-2
Plays on Wednesday .....	0-0
Plays on Thursday .....	0-0
Plays on Friday .....	2-4
Plays on Saturday .....	5-4

<b>TIME OF DAY</b>	
Plays during the day (Before 6 p.m.) .....	5-4
Plays at night .....	2-8

<b>LOCATION</b>	
Plays at home .....	3-5
Plays on the road .....	2-7
Plays at a neutral site .....	2-0

<b>CONFERENCE</b>	
Record vs. the NSIC .....	4-9
Nonconference opponents .....	3-3
In Region .....	4-9
vs. NAIA or Division III .....	3-1

<b>HALFTIME SCORE</b>	
Leads at half .....	6-5
Trails at half .....	1-7
Tied at half .....	0-0

<b>MARGIN</b>	
Margin is 5 points or less .....	2-4
Margin is 10 points or less .....	1-2
Margin is between 11-20 .....	1-4
Margin is more than 20 .....	3-2

<b>POINTS SCORED</b>	
Scores 59 points or less .....	0-0
Scores 60+ points .....	2-7
Scores 70+ points .....	1-4
Scores 80+ points .....	4-1
Scores 90+ points .....	0-0
Scores 100+ points .....	0-0

<b>SHOOTING</b>	
Shoots 50% or better .....	4-2
Shoots less than 50% .....	2-9
Opponent shoots 50% or less .....	5-7
Shoots better than opponent .....	6-5
Shoots worse than opponent .....	1-7

<b>FREE THROWS</b>	
Has more FTs made than opponent .....	5-5
Has equal FTs made than opponent .....	0-2
Has less FTs made than opponent .....	2-5

<b>REBOUNDING</b>	
More rebounds than opponent .....	5-2
Less rebounds than opponent .....	1-10
Has equal rebounds .....	1-0

<b>TURNOVERS</b>	
Has more TOs than opponent .....	4-6
Has equal or less TOs than opponent .....	3-6

<b>MISCELLANEOUS</b>	
vs. Nationally-ranked opponent .....	1-2
In tournament play .....	3-1
Plays an overtime game .....	1-0
Win the game before .....	3-4
Loses the game before .....	3-8
Makes 5+ 3-point shots .....	7-6
Has 20+ assists .....	3-0
Has a 20-point scorer .....	3-4
Has equal/more bench points .....	4-2
Has less bench points .....	3-10

**DOUBLE-DOUBLES**

Player	Opponent (Date)	Points	Reb.	Assts
Bryce Tesdahl	Winona State (12/12)	20	---	11

**Breakdown:** Tesdahl (1) - **Total:** 1

**30-POINT GAMES**

Player	Opponent (Date)	Points
None		

**Breakdown:** None - **Total:** 0

**20-POINT GAMES**

Player	Opponent (Date)	Points
Patrick Cassidy	MSU Moorhead (12/4)	20
Bryce Tesdahl	Minnesota, Crookston (12/5)	20
Seth Haake	Winona State (12/12)	25
Bryce Tesdahl	Winona State (12/12)	20
Seth Haake	Upper Iowa (12/13)	21
Seth Haake	Northern Michigan (12/29)	27
Seth Haake	Augustana (1/2)	24
Seth Haake	Minnesota Duluth (1/23)	23

**Breakdown:** Cassidy (1), Haake (5), Tesdahl (2) - **Total:** 8

**10-REBOUND GAMES**

Player	Opponent (Date)	Rebounds
Bryce Tesdahl	University of Mary (1/16)	10

**Breakdown:** None - **Total:** 0

**10-ASSIST GAMES**

Player	Opponent (Date)	Assists
Bryce Tesdahl	Winona State (12/12)	11

**Breakdown:** Tesdahl (1) - **Total:** 1

**5-BLOCK GAMES**

Player	Opponent (Date)	Blocks
None		

**Breakdown:** None - **Total:** 0

**5-STEAL GAMES**

Player	Opponent (Date)	Steals
Seth Haake	St. Cloud State (1/9)	5

**Breakdown:** Haake (1) - **Total:** 1

**Bemidji St. (7-12)**  
**Men's Basketball National Ranking Summary**  
**Thru Games 01/31/2010**

[Back to team selections](#)  
Northern Sun - All Teams

Category	Rank	Actual	National Leader	Actual
Won-Lost Percentage (270 ranked)	202	36.8	Arkansas Tech Southern Ind.	100.0 100.0
Scoring Offense (270 ranked)	136	73.1	West Liberty	107.2
Scoring Defense (270 ranked)	212	75.6	Clark Atlanta	52.3
Scoring Margin (270 ranked)	192	-2.6	Southern Ind.	28.5
Field-Goal Percentage (270 ranked)	55	47.5	Southern Ind.	52.2
Field-Goal Percentage Defense (270 ranked)	212	46.0	Lincoln Memorial	35.4
Three-Point Field Goals Per Game (270 ranked)	128	6.2	West Liberty	13.6
Three-Point Field-Goal Percentage (210 ranked)	114	34.3	Fla. Southern	46.4
Three Pt FG Defense (270 ranked)	253	37.8	Clark Atlanta	24.5
Free-Throw Percentage (270 ranked)	7	76.2	Adelphi	78.9
Rebound Margin (270 ranked)	176	-0.8	Augusta St.	13.1
Assists Per Game (270 ranked)	77	15.1	West Liberty	22.9
Assist Turnover Ratio (270 ranked)	48	1.13	Augustana (SD)	1.68
Blocked Shots Per Game (270 ranked)	220	2.2	Columbus St.	7.0
Steals Per Game (270 ranked)	215	6.2	Mars Hill	13.1
Turnovers Per Game (270 ranked)	50	13.3	Mary	9.2
Turnover Margin (270 ranked)	167	-0.6	Arkansas Tech	8.6
Personal Fouls Per Game (270 ranked)	174	19.5	Quincy	13.0

Category	Player	Rank	Actual	National Leader	Actual
Points Per Game (500 ranked)	Seth Haake	106	17.1	Stephen Dennis, Kutztown	27.2
Field-Goal Percentage (274 ranked)	Seth Haake	75	53.6	Matt Morris, Fort Lewis	69.9
Three-Point Field Goals Per Game (500 ranked)	Seth Haake	192	1.9	Jamar Board, Alderson-Broaddus	5.1
Three-Point Field-Goal Percentage (71 ranked)				Keaton Shultz, Newman	55.6
Free-Throw Percentage (483 ranked)	Bryce Tesdahl Seth Haake	13 113	90.1 80.6	Alex Hall, Drury	94.9
Rebounds Per Game (500 ranked)	Bryce Tesdahl	423	5.3	Nathan Schumacher, Oakland City	14.0
Assists Per Game (500 ranked)	Bryce Tesdahl Seth Haake	52 395	4.9 2.5	D.J. Ferguson, Flagler	9.8
Blocked Shots Per Game (500 ranked)				Fred Harris, West Virginia St.	4.6
Steals Per Game (500 ranked)	Seth Haake	88	1.9	Terrell Eargle, Alderson-Broaddus	3.9
Assist Turnover Ratio (261 ranked)	Bryce Tesdahl	65	1.96	Kevin Gant, Southern Ind.	4.65

# Bemidji State Player Season/Career Highs

## #2 Seth Haake • Sr. • G • 6-3 • 176 • Eden Prairie, Minn.

Season	Career
<b>Points:</b> 27 at Northern Michigan (12/29)	29 at No. 11 Northern State (1/16/09)
<b>FG made:</b> 10, 2x, at Northern Michigan (12/29)	10, 3x, at Northern Michigan (12/29/09)
<b>FG attempts:</b> 17, 3x, last at SW Minnesota State (1/30)	19 at Northern State (1/16/09)
<b>3Pt FG made:</b> 5 at Northern Michigan (12/29)	5 at Northern Michigan (12/29/09)
<b>3Pt FG attempts:</b> 9 at Winona State (12/12)	9 at Winona State (12/12/09)
<b>FT made:</b> 7 vs. Augustana (1/2)	12 vs. Wayne State (2/28/09)
<b>FT attempts:</b> 9 vs. Augustana (1/2)	13 vs. Wayne State (2/28/09)
<b>Rebounds:</b> 8 at Viterbo (11/21)	8, 2x, last time at Viterbo (11/21/09)
<b>Assists:</b> 7, 2x, last vs. University of Mary (1/16)	7, 2x, last vs. University of Mary (1/16/10)
<b>Steals:</b> 5 at St. Cloud State (1/9)	5, 3x, last time at St. Cloud State (1/9/10)
<b>Blocked Shots:</b> 2 vs. Minnesota, Crookston (12/5/09)	2, 2x, last vs Minnesota, Crookston (12/5/09)
<b>Minutes:</b> 39 at St. Cloud State (1/9)	48 at Northern State (1/16/09)

## #13 Patrick Cassidy • Jr. • F • 6-6 • 209 • St. Paul, Minn.

Season	Career
<b>Points:</b> 20 vs. MSU Moorhead (12/4)	26 vs. Minnesota Duluth (2/25/09)
<b>FG made:</b> 8 vs. MSU Moorhead (12/4)	11, 2x (Last vs. Minnesota Duluth, 2/25/09)
<b>FG attempts:</b> 12, 2x, last vs. MSU Moorhead (12/4)	16 vs. Minnesota Duluth (2/25/09)
<b>3Pt FG made:</b> 1 vs. MSU Moorhead (12/4)	3 at MSU Moorhead, 12/7/07
<b>3Pt FG attempts:</b> 5 vs. MSU Moorhead (12/4)	5 vs. MSU Moorhead (12/4/09)
<b>FT made:</b> 4 at St. Cloud State (1/9)	7 vs. Northern College (11/25/07)
<b>FT attempts:</b> 4, 4x, last at St. Cloud State (1/9)	8 vs. Northern College (11/25/07)
<b>Rebounds:</b> 7 at Viterbo (11/21)	13 vs. Minnesota, Crookston (01/05/08)
<b>Assists:</b> 4 at Northern Michigan (12/29)	4, 3x (Last at Northern Michigan, 12/29/09)
<b>Steals:</b> 2, 2x, last at Concordia University (1/8)	2, 7x (Last vs. College of the Ozarks, 11/20/09)
<b>Blocked Shots:</b> 2, 2x, last at Upper Iowa (12/13)	2, 4x, last at Upper Iowa (12/13/09)
<b>Minutes:</b> 36 at Winona State (12/12)	47 vs. Minnesota Duluth (2/25/09)

## #11 Jake Lindstrom • So. • G • 6-0 • 175 • Cottage Grove, Minn.

Season	Career
<b>Points:</b> 14 at Upper Iowa (12/13)	25 vs. UW-River Falls (12/20/08)
<b>FG made:</b> 5 at Northern Michigan (12/29)	8 vs. UW-River Falls (12/20/08)
<b>FG attempts:</b> 11 at Northern Michigan (12/29)	21 vs. UW-RF (12/20/08)
<b>3Pt FG made:</b> 3 at Northern Michigan (12/29)	3, 5x (Last time at Northern Michigan, 12/29/09)
<b>3Pt FG attempts:</b> 7 at Northern Michigan (12/29)	10 at Dickinson State (1/6/09)
<b>FT made:</b> 4, 3x, last at Concordia University (1/8)	8 at Minnesota Duluth (2/25/09)
<b>FT attempts:</b> 5 at Minnesota State (1/29)	10 at Concordia University (1/9/09)
<b>Rebounds:</b> 6 vs. Minnesota, Crookston (12/5)	7 at Dickinson State (1/6/09)
<b>Assists:</b> 6 at Upper Iowa (12/13)	6 at Upper Iowa (12/13/09)
<b>Steals:</b> 4 vs. Minnesota, Crookston (12/5)	4 vs. Minnesota, Crookston (12/5)
<b>Blocked Shots:</b> 1 at Concordia University (1/8)	1, 7x, last at Concordia University (1/8)
<b>Minutes:</b> 34 at Upper Iowa (12/13)	47 at Dickinson State (1/6/09)

## #32 Bryce Tesdahl • So. • G • 6-3 • 195 • Crosby, Minn.

Season	Career
<b>Points:</b> 20, 2x at Winona State (12/12)	20, 2x at Winona State (12/12/09)
<b>FG made:</b> 6 vs. Minnesota, Crookston (12/5)	6, 2x, last vs. Minnesota, Crookston (12/5/09)
<b>FG attempts:</b> 11 at Winona State (12/12)	11, 2x, last at Winona State (12/12/09)
<b>3Pt FG made:</b> 3 at Northern Michigan (12/29)	3 at Northern Michigan (12/29/09)
<b>3Pt FG attempts:</b> 6 at Northern Michigan (12/29)	6 at Northern Michigan (12/29)
<b>FT made:</b> 10 vs College of Ozarks (11/20)	10 vs College of Ozarks (11/20)
<b>FT attempts:</b> 10 at Winona State (12/12)	10, 2x, last at Winona State (12/12/09)
<b>Rebounds:</b> 10 vs. University of Mary (1/16)	10 vs. University of Mary (1/16/10)
<b>Assists:</b> 11 at Winona State (12/12)	11 at Winona State (12/12/09)
<b>Steals:</b> 3 vs. Jamestown (11/24)	5 at Dickinson State (1/6/09)
<b>Blocked Shots:</b> 1, 2x, last vs. Northern State (1/15)	1, 6x, last vs. Northern State (1/15/10)
<b>Minutes:</b> 43 at Winona State (12/12)	43, 2x, at Winona State (12/12/09)

## #50 David Berthene • Fr. • F 6-9 • 185 • Lakeville, Minn.

<b>Points:</b> 17 vs. Minnesota, Crookston (12/5)
<b>FG made:</b> 7 vs. Minnesota, Crookston (12/5)
<b>FG attempts:</b> 11 vs. Minnesota, Crookston (12/5)
<b>3Pt FG made:</b> 3 vs Minnesota, Crookston (12/5)
<b>3Pt FG attempts:</b> 5, 2x, last vs. Minnesota, Crookston (12/5)
<b>FT made:</b> 4 vs. University of Mary (1/16)
<b>FT attempts:</b> 4 vs. University of Mary (1/16)
<b>Rebounds:</b> 3 vs. Purdue North Central (11/27)
<b>Assists:</b> 3 vs. MSU Moorhead (12/4)
<b>Steals:</b> 1 at Viterbo (11/21)
<b>Blocked Shots:</b> 1, 5x, last vs. Minnesota Duluth (1/23)
<b>Minutes:</b> 31 vs. Minnesota, Crookston (12/5)

## #12 Jon Krebs • Fr. • G 6-5 • 184 • Mahtomedi, Minn.

<b>Points:</b> 6 at Minnesota State (1/29)
<b>FG made:</b> 2 at Minnesota State (1/29)
<b>FG attempts:</b> 6 at Concordia University (1/8)
<b>3Pt FG made:</b> none
<b>3Pt FG attempts:</b> 3 at Concordia University (1/8)
<b>FT made:</b> 2, 2x, last at Minnesota State (1/29)
<b>FT attempts:</b> 2, 3x, last at SW Minnesota State (1/30)
<b>Rebounds:</b> 8 at Concordia University (1/8)
<b>Assists:</b> 1 at Concordia University (1/8)
<b>Steals:</b> 1 at Minnesota State (1/29)
<b>Blocked Shots:</b> none
<b>Minutes:</b> 14 at Minnesota State (1/29)

## #15 Burke Lendl • Fr. • F 6-7 • 188 • St. Michael, Minn.

<b>Points:</b> 6 at Minnesota State (1/29)
<b>FG made:</b> 2, 4x, last at at SW Minnesota State (1/30)
<b>FG attempts:</b> 4 at SW Minnesota State (1/30)
<b>3Pt FG made:</b> 1, 5x, last at SW Minnesota State (1/30)
<b>3Pt FG attempts:</b> 2, 2x, last at SW Minnesota State (1/30)
<b>FT made:</b> 2, 4x, last at Minnesota State (1/29)
<b>FT attempts:</b> 4 at Minnesota State (1/29)
<b>Rebounds:</b> 4 vs. Minnesota Duluth (1/23)
<b>Assists:</b> 2 vs. Minnesota Duluth (1/23)
<b>Steals:</b> 1, 3x, last at SW Minnesota State (1/30)
<b>Blocked Shots:</b> 1, 3x, last at Concordia University (1/8)
<b>Minutes:</b> 21 at Concordia University (1/8)

## #3 Lance Rongstad • Fr. • G 6-3 • 200 • Eleva, Wis.

<b>Points:</b> 19 at Winona State (12/12)
<b>FG made:</b> 8 at Winona State (12/12)
<b>FG attempts:</b> 15, 2x, last vs. Minnesota Duluth (1/23)
<b>3Pt FG made:</b> 3 at Winona State (12/12)
<b>3Pt FG attempts:</b> 3, 2x, last at SW Minnesota State (1/30)
<b>FT made:</b> 6 vs. Augustana (1/2)
<b>FT attempts:</b> 9 vs. Augustana (1/2)
<b>Rebounds:</b> 9 at Winona State (12/12)
<b>Assists:</b> 5 at Winona State (12/12)
<b>Steals:</b> 3 vs. Northern State (1/15)
<b>Blocked Shots:</b> 1, 6x, last vs. Minnesota Duluth (1/23)
<b>Minutes:</b> 42 at Winona State (12/12)

## #25 Noah Shepherd • Fr. • G 6-2 • 167 • Minneapolis, Minn.

<b>Points:</b> 11 at Concordia University (1/8)
<b>FG made:</b> 5 at Concordia University (1/8)
<b>FG attempts:</b> 8 at Concordia University (1/8)
<b>3Pt FG made:</b> 2 vs. Purdue North Central (11/27)
<b>3Pt FG attempts:</b> 2, 4x, last at Minnesota State (1/29)
<b>FT made:</b> 2 vs. Minnesota, Crookston (12/5)
<b>FT attempts:</b> 2, 7x, last vs. Minnesota Duluth (1/23)
<b>Rebounds:</b> 3, 2x, last at Minnesota State (1/29)
<b>Assists:</b> 3 at Minnesota State (1/29)
<b>Steals:</b> 1, 3x, last at SW Minnesota State (1/30)
<b>Blocked Shots:</b> 1 at Minnesota State (1/29)
<b>Minutes:</b> 26 at Minnesota State (1/29)

## #34 Mason Walters • Fr. • G/F 6-7 • 200 • Milton, Wis.

<b>Points:</b> 14 vs. Purdue North Central (11/28)
<b>FG made:</b> 4, 4x, last at SW Minnesota State (1/30)
<b>FG attempts:</b> 10 at Minnesota State (1/29)
<b>3Pt FG made:</b> 2, 2x, last vs. Minnesota Duluth (1/23)
<b>3Pt FG attempts:</b> 4, 2x, last at Minnesota State (1/29)
<b>FT made:</b> 8 at Purdue North Central (11/27)
<b>FT attempts:</b> 8 at Purdue North Central (11/27)
<b>Rebounds:</b> 7 at St. Cloud State (1/9)
<b>Assists:</b> 4 at SW Minnesota State (1/30)
<b>Steals:</b> 1 vs. Wayne State (1/3)
<b>Blocked Shots:</b> 1, 2x, last vs. Minnesota Duluth (1/23)
<b>Minutes:</b> 29 vs. Minnesota Duluth (1/23)

**Preseason NABC Division II Coaches Poll**  
(As of 2/2/2010)

<i>Rk</i>	<i>School</i>	<i>W-L</i>	<i>Points</i>	<i>Prev</i>
1	Arkansas Tech (8)	18-0	200	1
2	Southern Ind.	19-0	192	2
3	Central Mo.	19-1	181	4
<b>4</b>	<b><i>Minn. St. Mankato</i></b>	<b><i>19-1</i></b>	<b><i>169</i></b>	<b>5</b>
5	Valdosta St.	19-2	161	6
6	Indiana (Pa.)	17-1	157	9
7	Midwestern St.	19-1	154	10
8	Fort Hays St.	17-2	145	3
9	Seattle Pacific	16-2	135	11
10	Bentley	18-2	119	12
11	Fla. Southern	18-2	118	13
12	Augusta St.	17-2	115	8
13	Mesa St.	17-1	94	14
14	Drury	17-3	93	15
15	Kutztown	16-2	92	7
16	Ky. Wesleyan	21-3	91	16
17	Rollins	16-3	69	18
18	Western Wash.	19-3	66	21
19	Findlay	15-3	52	23
20	East Stroudsburg	18-1	47	22
21	Georgia College	16-2	37	25
22	Quincy	17-3	27	19
23	Metro St.	16-3	22	20
24	West Liberty St.	14-1	16	NR
<b>25</b>	<b><i>Augustana (S.D.)</i></b>	<b><i>16-4</i></b>	<b><i>15</i></b>	<b><i>17</i></b>

**OTHERS RECEIVING VOTES:** Tarleton State (TX) 11, Clark Atlanta (GA) 9, Alderson- Broaddus (WV) 4, *St Cloud State (MN) 4*, West Virginia State 3, Central Oklahoma 1, Stonehill (MA) 1.

**DROPPED OUT:** t-No. 25 Clark Atlanta.

*Bold Italics - NSIC member*

**Division II Bulletin**  
**Preseason Top 25**

<b>Rk-Team</b>
1-Brigham Young-Hawaii
2-Findlay
3-Southwest Baptist
4-Cal Poly-Pomona
5-Bellarmino
6-Tusculum
7-Merrimack
8-Augusta State
9-Florida Southern
10-Bentley
11-Valdosta State
<b><i>12-Southwest Minnesota</i></b>
13-Metropolitan State
14-Central Missouri
<b><i>15-Winona State</i></b>
16-Kutztown
17-Central Oklahoma
18-Grand Valley State
19-Philadelphia
20-Northern Kentucky
21-Delta State
22-Rollins
23-Johnson C. Smith
24-West Virginia State
25-Incarnate Word

**Others to watch:** Barton, Cal State-San Bernardino, Catawba, Christian Brothers, Claffin, Dallas Baptist, Fort Hays State, Gannon, Massachusetts-Lowell, New Mexico Highlands, Seattle Pacific, Southern Indiana, Tarleton State, South Carolina-Aiken, Virginia Union

*Italics - NSIC member*

**Northern Sun Standings**  
(As of Feb. 4)

<b>Team</b>	<b>NSIC</b>	<b>All</b>
1 Minnesota State	12-1	19-1
2 St. Cloud State	10-3	16-4
3 Augustana	9-4	16-4
Winona State	9-4	15-5
Mary	9-4	13-7
6 Concordia University	7-6	10-10
7 Southwest MSU	6-7	11-8
Upper Iowa	6-7	9-11
Wayne State (Neb.)	6-7	9-11
10 Northern State	5-8	9-11
<b>11 Bemidji State</b>	4-9	7-12
Minnesota Duluth	4-9	7-13
MSU Moorhead	4-9	7-13
14 Minnesota, Crookston	0-13	3-16

**2009-10 NSIC MBB Coaches**  
**Preseason Poll**

<b>No. Team (First Place)</b>	<b>Points</b>
1. St. Cloud State (3)	171
2. Winona State (6)	169
3. Minnesota State (2)	164
4. SMSU (2)	143
5. Augustana	136
6. Concordia-St. Paul	117
7. Northern State	113
8. Minnesota Duluth	97
<b>9. Bemidji State</b>	<b>89</b>
10. Wayne State	65
11. MSU Moorhead	60
12. Upper Iowa	59
13. University of Mary	45
14. Minnesota, Crookston	28

# MATT BOWEN

## HEAD COACH - FOURTH SEASON

**Matt Bowen** became the 19th head men's basketball coach at Bemidji State University June 30, 2006. He enters his fourth season as head coach at Bemidji State after spending 15 years as an assistant coach at the Division I level. The River Falls, Wis. native has improved the Beavers' record in each season. Last season, BSU went 8-19 overall and 6-14 in the Northern Sun Intercollegiate Conference, finishing tied for 10th. Bowen guided his team to a 6-21 overall record and a 3-15 record in the NSIC for a ninth place finish in 2007-08 and was 5-23 overall and 5-13 in the NSIC in 2006-07. Bowen and his staff are still in the rebuilding stages as he was met with the challenge of repairing a team that went 15-13 overall and 9-5 in the NSIC that was dismantled at the conclusion of the 2005-06 season. Bowen inherited a team that carried over just three players from the 2005-06 squad. In the process of rebuilding there are bumps along the road, but the Beavers are making strides in the right direction, defeating back-to-back nationally ranked opponents during a four-game winning streak last season (Jan. 6-16). BSU beat No. 24 St. Cloud State University at home, 69-66, and then traveled to No. 11 Northern State University and won a two overtime thriller 100-93. In the process of rebuilding, Bowen and his staff have recruited and brought in some of the best talent from around the state of Minnesota to help put the pieces of the BSU men's basketball program back together.

Bowen comes to BSU after spending the past 15 years molding his coaching style after some of NCAA Division I men's basketball's greatest coaching legends. He was a student manager for Bob Knight at Indiana University and served as an assistant coach under both Gene Bartow at the University of Alabama at Birmingham and most recently, Homer Drew at Valparaiso University. Bowen's trio of mentors have combined for nearly 2,100 career wins and 105 years of head coaching experience.

Although the BSU head coaching assignment is the first of its kind for Bowen, he welcomes the opportunity to take the reigns and guide a program for himself.

During his four years under Drew at Valpo, Bowen helped to lead the Crusaders to an overall record of 70-52 (.574) with a 41-21 (.661) mark versus Mid-Continent Conference competition. In 2003, his first season at the university, the team was 20-11 overall and 12-2 in the league as it grabbed the front end of back-to-back conference titles. The Valpo men capped the year off with a trip to the National Invitational Tournament (NIT). The following season, the Crusaders went 18-13 overall with an 11-5 mark versus the league to earn their second league crown and a berth into the NCAA Tournament.

In addition to game day and practice duties, Bowen was responsible for organizing all recruiting efforts, summer youth camps, game preparation and scouting and being the team's academic coordinator.

As a recruiter, Bowen was responsible for signing the No. 1 incoming class in the Mid-Continent Conference and one of the Top-100 nationally according to last spring's HoopScoop and Dave Telep recruiting publications. Bowen's ties to the Midwest, specifically Minnesota, were evident in the class as it was headlined by Mr. Basketball Minnesota Finalist and Tartan High School graduate Urule Igbavboa.

Bowen began his collegiate coaching ventures in 1995 when he was hired as an assistant coach at Alabama-Birmingham. In seven seasons at UAB, the Blazers captured a Conference USA National Division Championship (1999), went to the NCAA Tournament (1999) and were twice invited to participate in the NIT (1997, 1998).

The River Falls, Wis. native and son of long-time NCAA Division III head men's basketball coach at the University of Wisconsin-River Falls, Bowen has been around basketball all of his life. But he first acquired a taste of his own for collegiate basketball as the student manager for Knight's Indiana Hoosiers (1990-1995). While serving under coach Knight, Bowen was a part of two Big Ten titles (1991, 1993) and four NCAA Tournament appearances, twice advancing to the Elite Eight (1992-1993) and earning a spot in the Final Four in 1992.

He joins a long list of former Indiana managers who have gone on to make a name for themselves in coaching, most notably New Jersey Nets Head Coach Lawrence Frank, a manager at IU from 1989 to 1992. While at Indiana, Bowen also worked directly with George David, now the Director of Scouting for the Detroit Pistons and Ryan Carr, a scout for the Indiana Pacers. In addition, Bowen's father, Rick, got his feet wet as a Hoosier student manager under Branch McCracken in the 1960s.

Bowen is a 1995 graduate of Indiana with a Bachelor of Science degree in Health, Physical Education and Recreation (HPER). He picked up a Master of Arts degree in education during his time at UAB, graduating in 1999.

Bowen and his wife Ashli have a seven-year-old daughter McKenzie and a two-year-old daughter Addison.



### BOWEN'S BSU TEAM VERSUS...

Alaska-Anchorage	0-2
Augustana (S.D.)	0-3
College of the Ozarks	1-0
Concordia University-St. Paul	1-6
Dickinson State	2-0
Jamestown	1-1
Mary (N.D.)	1-5
Minnesota, Crookston	6-1
Minnesota Duluth	1-4
MSU Moorhead	1-6
Minnesota State	0-3
Nebraska-Omaha	0-1
North Dakota	0-4
Northern State	1-6
Northland College (Wis.)	1-0
Puget Sound	0-1
Purdue North Central	1-0
SW Minnesota State	0-7
St. Cloud State	1-4
UW-River Falls	0-1
Upper Iowa	3-3
Viterbo University	1-0
Wayne State (Neb.)	2-5
Winona State	0-6
Wisconsin-Parkside	0-1
Wisconsin-Stout	0-1
Wisconsin-Superior	1-1

### BOWEN'S EXHIBITION RECORD...

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0

### BOWEN'S MILESTONES AT BSU...

First game: Minnesota Duluth (11/15/06)  
 First Win: at Minnesota, Crookston (1/6/07)  
 First NSIC Win: at Minnesota, Crookston (1/6/07)  
 First overtime win: vs. Minnesota, Crookston (1/5/08)  
 First 100-point game: at No. 11 Northern State W, 100-93 2OT (Jan. 16)

### THE BOWEN FILE

YEAR	SCHOOL	ASSIGNMENT	RECORDS/NOTABLE TEAM ACHIEVEMENTS
1990-91	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT
1991-92	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT, FINAL FOUR
1992-93	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT, ELITE EIGHT
1993-94	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT
1994-95	INDIANA	STUDENT MANAGER	
1995-96	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
1996-97	ALABAMA BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1997-98	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1998-99	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NCAA TOURNAMENT, CONFERENCE USA DIVISION CHAMPS
1999-00	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2000-01	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2001-02	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2002-03	VALPARAISO	ASSISTANT COACH	NIT PARTICIPANT, MID-CONTINENT CONFERENCE CHAMPS
2003-04	VALPARAISO	ASSISTANT COACH	NCAA TOURNAMENT, MID-CONTINENT CONFERENCE CHAMPS
2004-05	VALPARAISO	ASSISTANT COACH	
2005-06	VALPARAISO	ASSISTANT COACH	
2006-07	BEMIDJI STATE	HEAD COACH	5-23/5-13 NSIC, NSIC TOURNAMENT
2007-08	BEMIDJI STATE	HEAD COACH	6-21/3-15 NSIC
2008-09	BEMIDJI STATE	HEAD COACH	8-19/6-14 NSIC
2009-10	BEMIDJI STATE	HEAD COACH	7-12/4-9 NSIC

# 2009-10 NUMERICAL AND ALPHABETICAL ROSTERS

## NUMERICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
2	Seth Haake	G	6-3	176	Sr.	Eden Prairie, Minn. (Eden Prairie HS)
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
4	Brady Fairbanks	G/F	6-5	189	Jr.	Bena, Minn. (Cass Lake-Bena HS)
11	Jake Lindstrom	G	6-0	175	So.	Cottage Grove, Minn. (Park HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)

## ALPHABETICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
4	Brady Fairbanks	G/F	6-5	189	Jr.	Bena, Minn. (Cass Lake-Bena HS)
2	Seth Haake	G	6-3	176	Sr.	Eden Prairie, Minn. (Eden Prairie HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
11	Jake Lindstrom	G	6-0	175	So.	Cottage Grove, Minn. (Park HS)
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)

## COACHING STAFF

**Head Coach:** Matt Bowen (Indiana '95), fourth season

**Assistant Coach:** Jeremy Tiers (Lakehead University '98), fourth season

**Graduate Assistant Coach:** Ryan Montgomery (Hamline University '06), second season

**Athletic Trainer:** Travis Shock, second season

**Support Staff:** Reid Nichols, third season

Michael Gelle, third season

Trent Fisher, second season

Dax Larson, Athletic Media Relations

## PONUNCIATION GUIDE

SERGEJ BASKOW	SURGE-a BAS-cow
Seth HAAKE	HAY-key
David BERTHENE	Birth-EEen

## By Class

SENIORS (1)

Haake

JUNIORS (4)

Baskow, Cassidy, Fairbanks,

Wruck

SOPHOMORES (2)

Lindstrom, Tesdahl

FRESHMEN (6)

Berthene, Krebs, Lendl, Rong-

stad, Shepherd, Walters

## By State/Country

GERMANY (1)

Baskow (Ludwigsburg)

UNITED STATES (13)

MINNESOTA (11)

Berthene (Lakeville)

Cassidy (St. Paul)

Fairbanks (Bena)

Haake (Eden Prairie)

Krebs (Mahtomedi)

Lendl (St. Michael)

Lindstrom (Cottage Grove)

Shepherd (Minneapolis)

Tesdahl (Crosby)

Wruck (St. Cloud)

WISCONSIN (2)

Rongstad (Eleva)

Walters (Milton)

## By Height

David Berthene 6-9

Sergej Baskow 6-8

Burke Lendl 6-7

Mason Walters 6-7

Patrick Cassidy 6-6

Brady Fairbanks 6-5

Jon Krebs 6-5

Tyler Wruck 6-4

Seth Haake 6-3

Lance Rongstad 6-3

Bryce Tesdahl 6-3

Noah Shepherd 6-2

Jake Lindstrom 6-0

## By Position

GUARDS (5)

Haake, Krebs, Lindstrom,

Rongstad, Shepherd

GUARD/FORWARDS (4)

Fairbanks, Tesdahl, Walters,

Wruck

FORWARDS (3)

Berthene, Cassidy, Lendl

FORWARD/CENTERS (1)

Baskow

**Bemidji State University**  
**Bemidji State Combined Team Statistics (as of Feb 01, 2010)**  
**All games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL GAMES.....</b>	<b>(7-12)</b>	<b>(3-5)</b>	<b>(3-7)</b>	<b>(1-0)</b>
<b>CONFERENCE.....</b>	<b>(4-9)</b>	<b>(3-4)</b>	<b>(1-5)</b>	<b>(0-0)</b>
<b>NON-CONFERENCE.....</b>	<b>(3-3)</b>	<b>(0-1)</b>	<b>(2-2)</b>	<b>(1-0)</b>

## Player	GP-GS	---TOTAL---			---3-PTS---			----REBOUNDS----							PF	FO	A	TO	Blk	Stl	Pts	Avg
		Min--Avg	FG-FGA	Pct	3FG-FGA	Pct	FT-FTA	Pct	Off	Def	Tot	Avg										
02 Haake, Seth.....	19-19	584 30.7	119-222	.536	37-83	.446	50-62	.806	24	57	81	4.3	56	2	48	40	6	37	325	17.1		
04 Fairbanks, Brady...	5-5	143 28.6	20-42	.476	2-16	.125	13-19	.684	4	17	21	4.2	5	0	10	15	2	4	55	11.0		
03 Rongstad, Lance....	18-12	416 23.1	73-141	.518	13-34	.382	32-45	.711	22	50	72	4.0	51	1	28	36	6	16	191	10.6		
32 Tesdahl, Bryce....	19-19	625 32.9	57-118	.483	13-38	.342	64-71	.901	6	94	100	5.3	44	0	94	48	2	14	191	10.1		
13 Cassidy, Patrick...	19-19	500 26.3	61-127	.480	5-23	.217	27-35	.771	18	51	69	3.6	40	3	25	28	6	8	154	8.1		
01 Johnson, Jimmy.....	5-5	98 19.6	14-22	.636	0-0	.000	7-16	.438	4	14	18	3.6	15	0	7	12	5	3	35	7.0		
11 Lindstrom, Jake....	18-7	440 24.4	40-112	.357	15-56	.268	30-35	.857	6	34	40	2.2	44	2	31	16	1	19	125	6.9		
34 Walters, Mason.....	16-6	222 13.9	29-67	.433	8-21	.381	27-37	.730	10	31	41	2.6	31	1	9	7	2	1	93	5.8		
24 Wruck, Tyler.....	5-0	83 16.6	8-16	.500	3-6	.500	8-11	.727	4	9	13	2.6	12	1	2	7	1	5	27	5.4		
50 Berthene, David....	19-2	267 14.1	33-71	.465	14-36	.389	8-10	.800	7	12	19	1.0	20	0	9	6	5	1	88	4.6		
15 Lendl, Burke.....	16-1	212 13.3	13-32	.406	5-12	.417	10-14	.714	6	22	28	1.8	18	0	4	9	3	3	41	2.6		
25 Shepherd, Noah.....	17-0	133 7.8	15-32	.469	3-13	.231	6-14	.429	6	10	16	0.9	14	0	16	11	1	3	39	2.3		
41 Baskow, Sergej....	5-0	60 12.0	3-12	.250	0-1	.000	5-8	.625	6	8	14	2.8	14	1	2	8	1	3	11	2.2		
12 Krebs, Jon.....	10-0	42 4.2	4-15	.267	0-5	.000	5-6	.833	4	9	13	1.3	6	0	1	6	0	1	13	1.3		
TEAM.....									33	35	68	3.6	0		4							
-----																						
Total.....	19	3825	489-1029	.475	118-344	.343	292-383	.762	160	453	613	32.3	370	11	286	253	41	118	1388	73.1		
Opponents.....	19	3825	500-1087	.460	152-402	.378	285-394	.723	197	432	629	33.1	341	3	271	241	51	129	1437	75.6		

TEAM STATISTICS	BSUMBB	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND
SCORING.....	1388	1437	11/20/09	vs College of the Ozarks, MO	W	60-54	147
Points per game.....	73.1	75.6	11/21/09	at Viterbo University, Wis.	W	69-44	225
Scoring margin.....	-2.6	-	11/24/09	JAMESTOWN	L	69-72	798
FIELD GOALS-ATT.....	489-1029	500-1087	11-27-09	at Purdue North Central	W	88-60	145
Field goal pct.....	.475	.460	11-28-09	at Wisconsin-Parkside	L	65-78	518
3 POINT FG-ATT.....	118-344	152-402	*12/04/09	MSUMMBB	L	71-73	1021
3-point FG pct.....	.343	.378	*12/05/09	UMCMBB	W	89-72	855
3-pt FG made per game..	6.2	8.0	*12/12/09	at Winona State	W OT	88-87	1186
FREE THROWS-ATT.....	292-383	285-394	*12/13/09	at Upper Iowa	L	80-91	367
Free throw pct.....	.762	.723	12/29/09	at Northern Michigan	L	75-84	390
REBOUNDS.....	613	629	*01/02/10	AUGIEMBB	L	73-80	826
Rebounds per game.....	32.3	33.1	*01/03/10	WSCMBB	L	66-78	761
Rebounding margin.....	-0.8	-	*01/08/10	at Concordia University, St. Paul	L	76-110	600
ASSISTS.....	286	271	*01/09/10	at St. Cloud State University	L	69-80	3591
Assists per game.....	15.1	14.3	*01/15/10	NSU	L	65-67	732
TURNOVERS.....	253	241	*01/16/10	MARYMEN	W	81-59	927
Turnovers per game.....	13.3	12.7	*1/23/10	UMD-MBB	W	71-69	601
Turnover margin.....	-0.6	-	*1/29/10	at Minnesota State	L	66-108	1823
Assist/turnover ratio..	1.1	1.1	*8/30/10	at Southwest Minnesota State	L	67-71	2746
STEALS.....	118	129					
Steals per game.....	6.2	6.8					
BLOCKS.....	41	51					
Blocks per game.....	2.2	2.7					
WINNING STREAK.....	0	-					
Home win streak.....	2	-					
ATTENDANCE.....	6521	11738					
Home games-Avg/Game....	8-815	10-1159					
Neutral site-Avg/Game..	-	1-147					

SCORE BY PERIODS:	1st	2nd	OT	Total
Bemidji State.....	666	708	14	1388
Opponents.....	656	768	13	1437

**Bemidji State University**  
**Bemidji State Overall/Conference Statistics (as of Feb 01, 2010)**  
**All games**

SUMMARY	OVERALL STATISTICS											CONFERENCE STATISTICS										
	GP-GS	Min/G	FG%	3PT%	FT%	R/G	A/G	STL	BLK	PTS/G	GP-GS	Min/G	FG%	3PT%	FT%	R/G	A/G	STL	BLK	PTS/G		
Haake, Seth.....	19-19	30.7	.536	.446	.806	4.3	2.5	37	6	17.1	13-13	33.4	.521	.458	.795	4.3	2.8	28	6	18.2		
Fairbanks, Brady....	5-5	28.6	.476	.125	.684	4.2	2.0	4	2	11.0												
Rongstad, Lance.....	18-12	23.1	.518	.382	.711	4.0	1.6	16	6	10.6	13-11	27.2	.556	.444	.676	4.2	1.8	13	6	12.8		
Tesdahl, Bryce.....	19-19	32.9	.483	.342	.901	5.3	4.9	14	2	10.1	13-13	33.1	.495	.348	.880	6.0	5.4	8	2	10.9		
Cassidy, Patrick.....	19-19	26.3	.480	.217	.771	3.6	1.3	8	6	8.1	13-13	26.7	.448	.176	.815	3.6	1.5	5	5	7.9		
Johnson, Jimmy.....	5-5	19.6	.636	.000	.438	3.6	1.4	3	5	7.0												
Lindstrom, Jake.....	18-7	24.4	.357	.268	.857	2.2	1.7	19	1	6.9	12-6	26.3	.365	.281	.862	2.4	2.2	13	1	7.3		
Walters, Mason.....	16-6	13.9	.433	.381	.730	2.6	0.6	1	2	5.8	13-6	15.5	.448	.421	.667	2.8	0.5	1	2	6.0		
Wruck, Tyler.....	5-0	16.6	.500	.500	.727	2.6	0.4	5	1	5.4												
Berthene, David.....	19-2	14.1	.465	.389	.800	1.0	0.5	1	5	4.6	13-2	16.8	.466	.379	1.000	1.2	0.5	0	3	5.6		
Lendl, Burke.....	16-1	13.3	.406	.417	.714	1.8	0.3	3	3	2.6	13-1	14.2	.407	.333	.714	1.9	0.3	3	2	2.7		
Shepherd, Noah.....	17-0	7.8	.469	.231	.429	0.9	0.9	3	1	2.3	13-0	8.6	.429	.091	.400	1.1	1.0	3	1	2.2		
Baskow, Sergej.....	5-0	12.0	.250	.000	.625	2.8	0.4	3	1	2.2												
Krebs, Jon.....	10-0	4.2	.267	.000	.833	1.3	0.1	1	0	1.3	7-0	4.1	.250	.000	.833	1.6	0.1	1	0	1.6		
Total.....	19		.475	.343	.762	32.3	15.1	118	41	73.1	13		.476	.357	.778	31.6	15.9	75	28	74.0		
Opponents.....	19		.460	.378	.723	33.1	14.3	129	51	75.6	13		.477	.401	.729	34.2	16.4	88	40	80.4		

SCORING	OVERALL STATISTICS											CONFERENCE STATISTICS										
	FG-FGA	FG%	3FG-FGA	3PT%	FT-FTA	FT%	PTS	PTS/G	FG-FGA	FG%	3FG-FGA	3PT%	FT-FTA	FT%	PTS	PTS/G						
Haake, Seth.....	119-222	.536	37-83	.446	50-62	.806	325	17.1	87-167	.521	27-59	.458	35-44	.795	236	18.2						
Fairbanks, Brady....	20-42	.476	2-16	.125	13-19	.684	55	11.0														
Rongstad, Lance.....	73-141	.518	13-34	.382	32-45	.711	191	10.6	65-117	.556	12-27	.444	25-37	.676	167	12.8						
Tesdahl, Bryce.....	57-118	.483	13-38	.342	64-71	.901	191	10.1	45-91	.495	8-23	.348	44-50	.880	142	10.9						
Cassidy, Patrick.....	61-127	.480	5-23	.217	27-35	.771	154	8.1	39-87	.448	3-17	.176	22-27	.815	103	7.9						
Johnson, Jimmy.....	14-22	.636	0-0	.000	7-16	.438	35	7.0														
Lindstrom, Jake.....	40-112	.357	15-56	.268	30-35	.857	125	6.9	27-74	.365	9-32	.281	25-29	.862	88	7.3						
Walters, Mason.....	29-67	.433	8-21	.381	27-37	.730	93	5.8	26-58	.448	8-19	.421	18-27	.667	78	6.0						
Wruck, Tyler.....	8-16	.500	3-6	.500	8-11	.727	27	5.4														
Berthene, David.....	33-71	.465	14-36	.389	8-10	.800	88	4.6	27-58	.466	11-29	.379	8-8	1.000	73	5.6						
Lendl, Burke.....	13-32	.406	5-12	.417	10-14	.714	41	2.6	11-27	.407	3-9	.333	10-14	.714	35	2.7						
Shepherd, Noah.....	15-32	.469	3-13	.231	6-14	.429	39	2.3	12-28	.429	1-11	.091	4-10	.400	29	2.2						
Baskow, Sergej.....	3-12	.250	0-1	.000	5-8	.625	11	2.2														
Krebs, Jon.....	4-15	.267	0-5	.000	5-6	.833	13	1.3	3-12	.250	0-4	.000	5-6	.833	11	1.6						
Total.....	489-1029	.475	118-344	.343	292-383	.762	1388	73.1	342-719	.476	82-230	.357	196-252	.778	962	74.0						
Opponents.....	500-1087	.460	152-402	.378	285-394	.723	1437	75.6	368-771	.477	123-307	.401	186-255	.729	1045	80.4						

TOTALS	OVERALL STATISTICS											CONFERENCE STATISTICS										
	O-REB	D-REB	TOTAL	PF	FO	A	TO	A/TO	Hi	Pts	O-REB	D-REB	TOTAL	PF	FO	A	TO	A/TO	Hi	Pts		
Haake, Seth.....	24	57	81	56	2	48	40	1.2	27	18	38	56	34	0	37	28	1.3	25				
Fairbanks, Brady....	4	17	21	5	0	10	15	0.7	18													
Rongstad, Lance.....	22	50	72	51	1	28	36	0.8	19	17	38	55	38	0	24	34	0.7	19				
Tesdahl, Bryce.....	6	94	100	44	0	94	48	2.0	20	6	72	78	30	0	70	32	2.2	20				
Cassidy, Patrick.....	18	51	69	40	3	25	28	0.9	20	12	35	47	31	3	19	19	1.0	20				
Johnson, Jimmy.....	4	14	18	15	0	7	12	0.6	17													
Lindstrom, Jake.....	6	34	40	44	2	31	16	1.9	14	4	25	29	29	0	26	10	2.6	14				
Walters, Mason.....	10	31	41	31	1	9	7	1.3	14	10	26	36	28	1	6	5	1.2	12				
Wruck, Tyler.....	4	9	13	12	1	2	7	0.3	8													
Berthene, David.....	7	12	19	20	0	9	6	1.5	17	6	9	15	16	0	7	5	1.4	17				
Lendl, Burke.....	6	22	28	18	0	4	9	0.4	6	5	20	25	16	0	4	6	0.7	6				
Shepherd, Noah.....	6	10	16	14	0	16	11	1.5	11	6	8	14	10	0	13	5	2.6	11				
Baskow, Sergej.....	6	8	14	14	1	2	8	0.3	4													
Krebs, Jon.....	4	9	13	6	0	1	6	0.2	6	4	7	11	4	0	1	3	0.3	6				
Total.....	160	453	613	370	11	286	253	1.1	89	114	297	411	236	4	207	150	1.4	89				
Opponents.....	197	432	629	341	3	271	241	1.1	110	148	296	444	230	2	213	144	1.5	110				

Bemidji State University  
 Bemidji State Category Leaders (as of Feb 01, 2010)  
 All games

FG PERCENTAGE	FG ATT	Pct
Johnson, Jimmy.....	14 22	.636
Haake, Seth.....	119 222	.536
Rongstad, Lance.....	73 141	.518
Wruck, Tyler.....	8 16	.500
Tesdahl, Bryce.....	57 118	.483
Cassidy, Patrick....	61 127	.480
Fairbanks, Brady....	20 42	.476
Shepherd, Noah.....	15 32	.469
Berthene, David.....	33 71	.465
Walters, Mason.....	29 67	.433
Lendl, Burke.....	13 32	.406
Lindstrom, Jake.....	40 112	.357

3-POINT PERCENTAGE	3FG ATT	Pct
Wruck, Tyler.....	3 6	.500
Haake, Seth.....	37 83	.446
Lendl, Burke.....	5 12	.417
Berthene, David.....	14 36	.389
Rongstad, Lance.....	13 34	.382
Walters, Mason.....	8 21	.381
Tesdahl, Bryce.....	13 38	.342
Lindstrom, Jake.....	15 56	.268
Shepherd, Noah.....	3 13	.231
Cassidy, Patrick....	5 23	.217
Fairbanks, Brady....	2 16	.125
Krebs, Jon.....	0 5	.000
Baskow, Sergej.....	0 1	.000

FT PERCENTAGE	FT ATT	Pct
Tesdahl, Bryce.....	64 71	.901
Lindstrom, Jake.....	30 35	.857
Krebs, Jon.....	5 6	.833
Haake, Seth.....	50 62	.806
Berthene, David.....	8 10	.800
Cassidy, Patrick....	27 35	.771
Walters, Mason.....	27 37	.730
Wruck, Tyler.....	8 11	.727
Lendl, Burke.....	10 14	.714
Rongstad, Lance.....	32 45	.711
Fairbanks, Brady....	13 19	.684
Baskow, Sergej.....	5 8	.625

POINTS	G	Pts	Pts/G
Haake, Seth.....	19	325	17.1
Tesdahl, Bryce.....	19	191	10.1
Rongstad, Lance.....	18	191	10.6
Cassidy, Patrick....	19	154	8.1
Lindstrom, Jake.....	18	125	6.9
Walters, Mason.....	16	93	5.8
Berthene, David.....	19	88	4.6
Fairbanks, Brady....	5	55	11.0
Lendl, Burke.....	16	41	2.6
Shepherd, Noah.....	17	39	2.3
Johnson, Jimmy.....	5	35	7.0
Wruck, Tyler.....	5	27	5.4

FIELD GOAL ATTEMPTS	G	Att	Att/G
Haake, Seth.....	19	222	11.7
Rongstad, Lance.....	18	141	7.8
Cassidy, Patrick....	19	127	6.7
Tesdahl, Bryce.....	19	118	6.2
Lindstrom, Jake.....	18	112	6.2

FIELD GOALS MADE	G	Made	Made/G
Haake, Seth.....	19	119	6.3
Rongstad, Lance.....	18	73	4.1
Cassidy, Patrick....	19	61	3.2
Tesdahl, Bryce.....	19	57	3.0
Lindstrom, Jake.....	18	40	2.2

3-POINT FG ATTEMPTS	G	Att	Att/G
Haake, Seth.....	19	83	4.4
Lindstrom, Jake.....	18	56	3.1
Tesdahl, Bryce.....	19	38	2.0
Berthene, David.....	19	36	1.9
Rongstad, Lance.....	18	34	1.9

3-POINT FGS MADE	G	Made	Made/G
Haake, Seth.....	19	37	1.9
Lindstrom, Jake.....	18	15	0.8
Berthene, David.....	19	14	0.7
Rongstad, Lance.....	18	13	0.7
Tesdahl, Bryce.....	19	13	0.7

FREE THROW ATTEMPTS	G	Att	Att/G
Tesdahl, Bryce.....	19	71	3.7
Haake, Seth.....	19	62	3.3
Rongstad, Lance.....	18	45	2.5
Walters, Mason.....	16	37	2.3
Lindstrom, Jake.....	18	35	1.9
Cassidy, Patrick....	19	35	1.8

FREE THROWS MADE	G	Made	Made/G
Tesdahl, Bryce.....	19	64	3.4
Haake, Seth.....	19	50	2.6
Rongstad, Lance.....	18	32	1.8
Lindstrom, Jake.....	18	30	1.7
Cassidy, Patrick....	19	27	1.4
Walters, Mason.....	16	27	1.7

SCORING AVERAGE	G	Pts	Avg/G
Haake, Seth.....	19	325	17.1
Fairbanks, Brady....	5	55	11.0
Rongstad, Lance.....	18	191	10.6
Tesdahl, Bryce.....	19	191	10.1
Cassidy, Patrick....	19	154	8.1
Johnson, Jimmy.....	5	35	7.0
Lindstrom, Jake.....	18	125	6.9
Walters, Mason.....	16	93	5.8
Wruck, Tyler.....	5	27	5.4
Berthene, David.....	19	88	4.6
Lendl, Burke.....	16	41	2.6
Shepherd, Noah.....	17	39	2.3

**Bemidji State University**  
**Bemidji State Game-by-Game Highs (as of Feb 01, 2010)**  
**All games**

Opponent	Date	Score	WL	POINTS	REBOUNDS	ASSISTS	STEALS	BLOCKED SHOTS
vs College of the Ozarks,	11/20/09	60-54	W	14-Fairbanks, Br	4-Cassidy, Patr Wruck, Tyler	5-Tesdahl, Bryc	3-Fairbanks, Br	1-Wruck, Tyler Fairbanks, Br Johnson, Jimm Berthene, Dav
at Viterbo University, Wi	11/21/09	69-44	W	15-Haake, Seth	8-Haake, Seth	8-Tesdahl, Bryc	2-Haake, Seth	3-Johnson, Jimm
JAMESTOWN	11/24/09	69-72	L	18-Fairbanks, Br	6-Fairbanks, Br	4-Fairbanks, Br	3-Haake, Seth Lindstrom, Ja Tesdahl, Bryc	1-Johnson, Jimm
at Purdue North Central	11-27-09	88-60	W	17-Johnson, Jimm	6-Rongstad, Lan	4-Haake, Seth	2-Haake, Seth Wruck, Tyler	None
at Wisconsin-Parkside	11-28-09	65-78	L	17-Haake, Seth	6-Fairbanks, Br	3-Tesdahl, Bryc Haake, Seth	1-Rongstad, Lan Lindstrom, Ja Baskow, Serge	1-Cassidy, Patr
MSUMMBB	12/04/09	71-73	L	20-Cassidy, Patr	6-Tesdahl, Bryc	7-Tesdahl, Bryc	4-Lindstrom, Ja	2-Cassidy, Patr
UMCMBB	12/05/09	89-72	W	20-Tesdahl, Bryc	6-Lindstrom, Ja Tesdahl, Bryc	7-Haake, Seth	2-Tesdahl, Bryc	2-Haake, Seth
at Winona State	12/12/09	88-87	WO	25-Haake, Seth	9-Tesdahl, Bryc Rongstad, Lan	11-Tesdahl, Bryc	2-Haake, Seth	1-Rongstad, Lan
at Upper Iowa	12/13/09	80-91	L	21-Haake, Seth	5-Tesdahl, Bryc Haake, Seth	6-Tesdahl, Bryc Lindstrom, Ja	3-Lindstrom, Ja	2-Cassidy, Patr
at Northern Michigan	12/29/09	75-84	L	27-Haake, Seth	8-Rongstad, Lan	5-Tesdahl, Bryc	2-Tesdahl, Bryc	1-Berthene, Dav Lendl, Burke
AUGIEMBB	01/02/10	73-80	L	24-Haake, Seth	8-Tesdahl, Bryc	4-Tesdahl, Bryc	2-Lindstrom, Ja	1-Rongstad, Lan
WSCMBB	01/03/10	66-78	L	16-Haake, Seth	6-Rongstad, Lan	8-Tesdahl, Bryc	2-Haake, Seth Tesdahl, Bryc	1-Haake, Seth
at Concordia University,	01/08/10	76-110	L	19-Haake, Seth	8-Krebs, Jon	3-Tesdahl, Bryc	2-Cassidy, Patr	1-Cassidy, Patr Berthene, Dav Haake, Seth Lindstrom, Ja Lendl, Burke
at St. Cloud State Univer	01/09/10	69-80	L	15-Haake, Seth Tesdahl, Bryc	7-Walters, Maso	4-Tesdahl, Bryc	5-Haake, Seth	1-Rongstad, Lan
NSU	01/15/10	65-67	L	18-Haake, Seth	6-Haake, Seth	4-Tesdahl, Bryc	4-Haake, Seth	1-Rongstad, Lan Tesdahl, Bryc
MARYMEN	01/16/10	81-59	W	18-Haake, Seth	10-Tesdahl, Bryc	7-Haake, Seth	3-Rongstad, Lan	1-Rongstad, Lan
UMD-MBB	1/23/10	71-69	W	23-Haake, Seth	8-Tesdahl, Bryc	6-Tesdahl, Bryc	2-Haake, Seth	1-Rongstad, Lan Walters, Maso Berthene, Dav
at Minnesota State	1/29/10	66-108	L	12-Lindstrom, Ja	5-Walters, Maso	3-Shepherd, Noa	2-Haake, Seth Rongstad, Lan	1-Shepherd, Noa
at Southwest Minnesota St	8/30/10	67-71	L	16-Tesdahl, Bryc	6-Tesdahl, Bryc	7-Tesdahl, Bryc	3-Haake, Seth	1-Haake, Seth

**Bemidji State University**  
**Bemidji State Team Game-by-Game (as of Feb 01, 2010)**  
**All games**

TEAM STATISTICS

Opponent	Date	Score	W/L	---TOTAL---		--3-PTRS--		FT-FTA		Pct		----REBOUNDS----				PF		A		TO		Blk		Stl		Pts---Avg	
				FG-FGA	Pct	3FG-FGA	Pct	Off	Def	Tot	Avg	A	TO	Blk	Stl	Pts	Avg										
vs College of the Oza	11/20/09	60-54	W	16-37	.432	3-15	.200	25-33	.758	7	22	29	29.0	22	8	23	4	9	60	60.0							
at Viterbo University	11/21/09	69-44	W	26-55	.473	8-22	.364	9-14	.643	12	33	45	37.0	14	14	13	5	5	69	64.5							
JAMESTOWN	11/24/09	69-72	L	25-53	.472	4-18	.222	15-19	.789	8	18	26	33.3	16	14	18	1	13	69	66.0							
at Purdue North Centr	11-27-09	88-60	W	32-53	.604	6-14	.429	18-26	.692	6	33	39	34.8	30	19	18	0	9	88	71.5							
at Wisconsin-Parkside	11-28-09	65-78	L	22-54	.407	2-15	.133	19-27	.704	8	26	34	34.6	29	9	16	1	3	65	70.2							
MSUMMBB	12/04/09	71-73	L	28-62	.452	7-24	.292	8-11	.727	9	21	30	33.8	15	16	8	4	9	71	70.3							
UMCMBB	12/05/09	89-72	W	32-58	.552	7-16	.438	18-21	.857	8	27	35	34.0	19	20	11	3	6	89	73.0							
at Winona State	12/12/09	88-87	Wot	31-62	.500	13-29	.448	13-17	.765	13	25	38	34.5	22	22	11	1	5	88	74.9							
at Upper Iowa	12/13/09	80-91	L	28-52	.538	8-16	.500	16-18	.889	2	17	19	32.8	18	19	11	4	6	80	75.4							
at Northern Michigan	12/29/09	75-84	L	26-58	.448	13-30	.433	10-12	.833	5	24	29	32.4	23	15	15	2	4	75	75.4							
AUGIEMBB	01/02/10	73-80	L	23-48	.479	7-17	.412	20-28	.714	7	26	33	32.5	18	13	12	1	3	73	75.2							
WSCMBB	01/03/10	66-78	L	23-53	.434	5-16	.313	15-19	.789	7	16	23	31.7	22	11	7	1	5	66	74.4							
at Concordia Universi	01/08/10	76-110	L	26-66	.394	7-23	.304	17-20	.850	17	25	42	32.5	16	14	20	5	6	76	74.5							
at St. Cloud State Un	01/09/10	69-80	L	24-48	.500	3-10	.300	18-22	.818	11	24	35	32.6	22	14	18	1	5	69	74.1							
NSU	01/15/10	65-67	L	23-57	.404	5-17	.294	14-19	.737	12	19	31	32.5	18	14	7	2	8	65	73.5							
MARYMEN	01/16/10	81-59	W	29-49	.592	6-16	.375	17-21	.810	7	29	36	32.8	15	20	14	1	6	81	74.0							
UMD-MBB	1/23/10	71-69	W	24-51	.471	8-15	.533	15-21	.714	8	28	36	32.9	12	12	7	3	3	71	73.8							
at Minnesota State	1/29/10	66-108	L	26-61	.426	2-15	.133	12-17	.706	10	20	30	32.8	19	14	19	1	7	66	73.4							
at Southwest Minnesot	8/30/10	67-71	L	25-52	.481	4-16	.250	13-18	.722	3	20	23	32.3	20	18	5	1	6	67	73.1							
Bemidji State				1388	489-1029	.475	118-344	.343	292-383	.762	160	453	613	32.3	370	286	253	41	118	1388	73.1						
Opponents				1437	500-1087	.460	152-402	.378	285-394	.723	197	432	629	33.1	341	271	241	51	129	1437	75.6						

Games played: 19  
Points/game: 73.1  
FG Pct: 47.5  
3FG Pct: 34.3  
FT Pct: 76.2

Rebounds/game: 32.3  
Assists/game: 15.1  
Turnovers/game: 13.3  
Assist/turnover ratio: 1.1  
Steals/game: 6.2  
Blocks/game: 2.2

**Bemidji State University**  
**Bemidji State Game-by-Game Points-Rebounds-Assists (as of Feb 01, 2010)**  
**All games**

Opponent	Date	Score	02	03	11	12	13	15	25	32	34	
			WL HAAKE, SET	RONGSTAD,	LINDSTROM	KREBS, JON	CASSIDY, P	LENDL, BUR	SHEPHERD,	TESDAHL, B	WALTERS, M	
vs College of the Ozark	11/20/09	60-54	W	7- 2- 0	0- 0- 0	2- 3- 1	DNP	12- 4- 1	DNP	DNP	12- 3- 5	DNP
at Viterbo University,	11/21/09	69-44	W	15- 8- 1	4- 3- 0	8- 2- 0	2- 1- 0	7- 7- 0	0- 1- 0	0- 1- 1	8- 4- 8	0- 1- 1
JAMESTOWN	11/24/09	69-72	L	17- 2- 3	DNP	5- 0- 1	DNP	6- 1- 1	DNP	DNP	9- 3- 2	DNP
at Purdue North Central	11-27-09	88-60	W	6- 3- 4	5- 6- 1	7- 3- 2	0- 1- 0	9- 4- 0	3- 0- 0	7- 0- 1	4- 1- 1	14- 4- 1
at Wisconsin-Parkside	11-28-09	65-78	L	17- 5- 3	2- 0- 0	2- 1- 0	DNP	13- 4- 0	DNP	0- 0- 0	5- 4- 3	DNP
MSUMBB	12/04/09	71-73	L	16- 3- 3	8- 4- 0	6- 3- 0	0- 0- 0	20- 3- 2	5- 3- 0	0- 0- 1	12- 6- 7	0- 1- 0
UMCMBB	12/05/09	89-72	W	18- 5- 7	13- 4- 3	10- 6- 4	0- 0- 0	5- 2- 1	0- 3- 0	4- 3- 1	20- 6- 3	2- 1- 0
at Winona State	12/12/09	88-87	WO	25- 7- 1	19- 9- 5	8- 1- 2	DNP	8- 3- 1	0- 1- 0	2- 0- 0	20- 9-11	0- 0- 0
at Upper Iowa	12/13/09	80-91	L	21- 5- 2	13- 1- 0	14- 3- 6	DNP	8- 2- 3	5- 0- 0	3- 2- 2	8- 5- 6	0- 0- 0
at Northern Michigan	12/29/09	75-84	L	27- 5- 0	13- 8- 3	13- 2- 1	0- 0- 0	4- 2- 4	3- 2- 0	3- 1- 1	11- 7- 5	1- 0- 1
AUGIEMBB	01/02/10	73-80	L	24- 3- 2	16- 6- 2	5- 2- 3	DNP	8- 5- 1	3- 1- 1	0- 1- 0	7- 8- 4	0- 1- 0
WSCMBB	01/03/10	66-78	L	16- 2- 2	15- 6- 1	2- 4- 0	DNP	11- 4- 0	0- 1- 0	0- 0- 0	9- 1- 8	11- 1- 0
at Concordia University	01/08/10	76-110	L	19- 7- 2	4- 2- 2	12- 2- 2	2- 8- 1	7- 5- 2	2- 1- 0	11- 2- 2	6- 6- 3	9- 6- 0
at St. Cloud State Univ	01/09/10	69-80	L	15- 6- 2	12- 5- 3	DNP	0- 0- 0	14- 4- 2	1- 3- 1	2- 1- 2	15- 6- 4	10- 7- 0
NSU	01/15/10	65-67	L	18- 6- 3	13- 3- 3	9- 2- 2	DNP	2- 4- 2	2- 2- 0	2- 1- 0	11- 5- 4	5- 2- 0
MARYMEN	01/16/10	81-59	W	18- 2- 7	17- 7- 2	5- 2- 3	0- 1- 0	8- 2- 2	4- 3- 0	0- 0- 0	8-10- 5	9- 6- 0
UMD-MBB	1/23/10	71-69	W	23- 5- 2	15- 3- 0	5- 1- 0	DNP	4- 6- 1	2- 4- 2	3- 1- 1	4- 8- 6	12- 3- 0
at Minnesota State	1/29/10	66-108	L	8- 2- 2	10- 4- 2	12- 1- 2	6- 2- 0	4- 3- 1	6- 2- 0	2- 3- 3	6- 2- 2	8- 5- 2
at Southwest Minnesota	8/30/10	67-71	L	15- 3- 2	12- 1- 1	0- 2- 2	3- 0- 0	4- 4- 1	5- 1- 0	0- 0- 1	16- 6- 7	12- 3- 4

50

Opponent	Date	Score	WL BERTHENE,
vs College of the Ozark	11/20/09	60-54	W 0- 0- 0
at Viterbo University,	11/21/09	69-44	W 2- 0- 0
JAMESTOWN	11/24/09	69-72	L 3- 0- 0
at Purdue North Central	11-27-09	88-60	W 8- 3- 2
at Wisconsin-Parkside	11-28-09	65-78	L 2- 1- 0
MSUMBB	12/04/09	71-73	L 4- 2- 3
UMCMBB	12/05/09	89-72	W 17- 1- 1
at Winona State	12/12/09	88-87	WO 6- 2- 2
at Upper Iowa	12/13/09	80-91	L 8- 1- 0
at Northern Michigan	12/29/09	75-84	L 0- 0- 0
AUGIEMBB	01/02/10	73-80	L 10- 2- 0
WSCMBB	01/03/10	66-78	L 2- 0- 0
at Concordia University	01/08/10	76-110	L 4- 1- 0
at St. Cloud State Univ	01/09/10	69-80	L 0- 1- 0
NSU	01/15/10	65-67	L 3- 0- 0
MARYMEN	01/16/10	81-59	W 12- 1- 1
UMD-MBB	1/23/10	71-69	W 3- 2- 0
at Minnesota State	1/29/10	66-108	L 4- 2- 0
at Southwest Minnesota	8/30/10	67-71	L 0- 0- 0