

Beaver Twilight  
THURSDAY, February 17, 2011

FIELDS EVENTS:

4:00 POLE VAULT - MEN / WOMEN TO FOLLOW  
MEN - WEIGHT, LONG JUMP/ WOMEN TO FOLLOW  
WOMEN - HIGH JUMP/ MEN TO FOLLOW  
5:30 MEN - SHOT PUT - TRIPLE JUMP/ WOMEN TO FOLLOW

RUNNING EVENTS:

4:30	MILE	FINALS	W - M
4:50	60 HURDLES	PRELIM	W - M
5:10	60 DASH	PRELIM	W - M
5:30	400	FINAL	W - M
5:45	600	FINAL	W - M
6:00	60 HURDLES	FINAL	W - M
6:10	60 DASH	FINAL	W - M
6:20	800	FINAL	W - M
6:35	1000	FINAL	W - M
6:50	200	FINAL	W - M
7:15	3000	FINAL	W - M
7:40	4 X 400	FINAL	W - M

1. **WE WILL USE A ROLLING TIME SCHEDULE** I hope that we are done sooner
2. LONG JUMP AND TRIPLE JUMP 3 x 3 jumps
3. 1/8 INCH SPIKES ARE ALLOWED FOR ALL EVENTS.
4. FULLY AUTOMATIC TIMING WILL BE USED FOR ALL RACES.
5. WE WILL TAKE 6 TO THE FINALS BASED ON TIME IN THE DASHES AND 8 TO FINALS IN THE FIELD EVENTS.

ENTRY FEE OF \$100.00 PER TEAM, PAYABLE TO "BSU TRACK."

PLEASE SUBMIT YOUR ENTRY FORMS BY February 16, 2011.

WE WILL DO THIS Through race berry jam

CRAIG HOUGEN: [chougen@bemidjistate.edu](mailto:chougen@bemidjistate.edu)

218-755-2883, PE 227 BSU, 1500 BIRCHMONT DRIVE, BEMIDJI, MN 56601

E-MAIL—[chougen@bemidjistate.edu](mailto:chougen@bemidjistate.edu)