



Bemidji State Soccer

2010 Schedule

September

3	at North Dakota	W	3-1
5	Viterbo (Wis.)	W	4-2
7	at Minn. Crookston	W	3-0
18	MSU Moorhead * #	W	3-0
19	Minn. Crookston *	W	5-0
25	Winona State *	W	3-2
26	Upper Iowa *	(OT) L	2-3

October

2	at Concordia-St. Paul *	W	1-0
3	at St. Cloud State *	W	1-0
9	Northern State * ^ (OT) W	2-1	
10	University of Mary * (OT) W	2-1	
16	at Wayne State (Neb.) *	L	1-3
17	at Augustana *	W	1-0
22	at Minnesota Duluth *	L	0-1
23	Minot State %	W	1-0
30	at SW Minnesota State *	T	1-1
31	at Minnesota State *	W	1-0

November

3	Agustana °	1 p.m.
5	NSIC Semifinals	TBD
7	NSIC Championship	TBD

All times Central

Home games in bold

* = Conference Matches

^ = BSU Soccer Camp Day

= Parent's Weekend

% = Senior Day

° = NSIC Playoffs - First Round

BSU takes on Augie in first round of playoffs

Soccer Notebook

- After finishing the season in third place, the Beavers will host their first-round playoff game against Augustana College on Wednesday afternoon at 1 p.m.
- Last weekend saw the Beavers close out the regular season with a tie against Southwest Minnesota State and a win against Minnesota State University. On Saturday afternoon, the Beavers played to a 1-1 tie against the Mustangs, as the only goal BSU conceded was on a penalty kick. Turning around on Sunday, the Beavers picked up their 13th win of the season and sealed a third place finish, defeating the Mavericks 1-0 in Mankato, Minn.
- **Bri Scanlan** (Jr., Mid., East Grand Forks, Minn.) score both goals for the Beavers over the weekend. The game-winner against Minnesota State was her third of the season.
- **Samantha Ross** recorded a career high 12 saves in Sunday's game against Minnesota State to pick up her 10th career clean sheet.
- Junior **Kari McAllen** scored her first goal of the season to lift BSU over Minot State 1-0 on Oct. 23.
- With the win over Minot State the BSU soccer team (12-3-0; 8-3-0 NSIC) tied it's record for most wins in a season with 12. The Beavers are one conference win shy of tying the school record for most conference wins in a season. A weekend sweep would set the mark at 10.
- **Ashlee Ellefsen** (Sr., For., Hugo, Minn.) keeps breaking records at BSU, and with her goal against Wayne State on Oct. 16, Ellefsen became the first player at Bemidji State to eclipse the century mark for points in a career. Still climbing in the record books, she owns the career-points record at BSU with 101, the career-

Bemidji State Roster

No.	Name	Pos.	Yr.	Notes
0	Abby Kjonaas	GK	Jr.	Recorded 6 saves in 1-1 tie at SMSU
1	Samantha Ross	GK	Sr.	Recorded a career high 12 saves at MSU on Oct. 31
2	Alex Petes	M	R-Fr.	Still out with a leg injury, likely to see action this season
3	Jamie Ford (C)	F/M	R-Sr.	Scored OT game-winner against U-Mary
4	Ashlee Ellefsen (C)	F	Sr.	Tallied 100th career point with goal at Wayne State
5	Sara Dalton	D	Sr.	Has appeared in all 17 games so far this season
6	Kathryn Bjorge	D	Jr.	Has three assists on the season; last one came at CU
7	Jenny Stromberg	F	Sr.	Had a hand in both game winners against NSU and U-Mary
8	Stephanie Challes	F	Fr.	Will sit-out as a redshirt this season
9	Brianna Duff	D	Jr.	Assisted on OT game-winner against U-Mary
10	Bethany Fluto	F	Jr.	Scored second-collegiate goal at SCSU
11	Jessie Voeller	F/M	So.	Leads all freshman with 6 points (2G, 2A)
12	Alysha Domiano (C)	D	Sr.	Scored game-tying goal against U-Mary
13	Mallory Lowe	D	So.	Recorded first-collegiate point at UMC with an assist
16	Kelly Pointon	D	Jr.	Has started 14 games so far this season on defense
17	Tiffany VanHaafte	M	So.	Assisted on Domiano's game-tying goal against U-Mary
18	Kara Smyth	M	Sr.	Has 1 goal and 4 assists on season
19	Rachel Gustafson	F/M	Jr.	Has two shots on goal so far this season
20	Analey Skog	F	R-So.	Scored a goal against UMC
21	Bri Scanlan	M/F	Jr.	Scored both BSU goals over Oct. 30-31 weekend
22	Kari McAllen	D/M	Jr.	Scored the game winner against Minot State
23	Liz Erickson	F	Fr.	Had one shot on goal against UMC
24	Danni Steele	M/D	Fr.	Picked up first collegiate-point at UMC with an assist
25	Kirsten Erickson	F	Jr.	Seen action in all games so far this season, started at UMC
26	Samantha Lumberg	D/M	Fr.	Recorded first-collegiate point with an assist against UMC
27	Maria Mcleod	M	Fr.	Will sit out as a redshirt this season
28	Bronwyn Boyd	M	Fr.	Had two shots at UMC

Head Coach: Jim Stone

Assistant Coaches: Francisco Elias, Kate McArthur, & Andy Janssen

Head Coach Jim Stone



Entering his ninth year as head coach, Jim Stone is the winningest coach in Bemidji State University soccer history. Prior to his arrival in 2002, BSU had an overall record of 13-80-3. Shortly after taking the

helm, Stone created a competitive program that claimed an 11-12-0 record in 2004. Since the 2005 the soccer team has had an overall record of 52-32-19 and maintained a winning percentage of .500 or better each season.

Stone has the highest win percentage in BSU history (.516), along with the most wins (74). He is the only coach in BSU soccer history with a record higher than .500 in conference play (.506).

Under Stone's guidance BSU has garnered multiple all-region including: Kari Torgerson, Katie Meinhardt, Tegan Moehn, Ashlee Ellefsen and Alysha Domiano. BSU garnered its first-ever All-American with former goalkeeper Kari Torgerson and its second with Ashlee Ellefsen.

While Stone has been head coach his student-athletes have also excelled in the classroom with multiple athletes have been named to CoSIDA Academic All-District squads. Those include Brianna Duff, Erin Foss, Megan Wallner, Alysha Domiano, and Cristina Egnell who was also named CoSIDA Academic All-American.

Stone year-by-year

Year	School	Record
2002	Bemidji State	4-12-0
2003	Bemidji State	5-13-1
2004	Bemidji State	11-12-0
2005	Bemidji State	12-4-7
2006	Bemidji State	10-6-2
2007	Bemidji State	9-9-3
2008	Bemidji State	12-7-1
2009	Bemidji State	11-6-2
2010	Bemidji State	13-3-1
Totals		86-71-17 (.541)

vs NSIC: 46-40-8 (.527)

at BSU Soccer Field: 40-24-7 (.613)

goals record at BSU with 39 and the career-assists list with 23. She also owns the career-record for most game-winning goals (14).

- Along with Ellefsen, **Jamie Ford** (R-Sr., For., Edina, Minn.) is also making a name for herself in the record books. Ford is the sole owner of the second spot on the career-points record at BSU with 76, second only to Ellefsen. Ford is now tied for first for career-assists with 22, and in fourth for caeer-goals with 27.

- Assisting on Ellefsen's goal at St. Cloud State, Ford now owns the single-season record at BSU for most assists. She now has ten assists on the season.

- There have been 18 different players to record points for the Beavers, including three freshmen. 13 different players have scored goals.

- So far this season forward **Jenny Stromberg** (Sr., Elk River, Minn.) has already surpassed her career-goals total from the three previous seasons. Stromberg entered her senior year with four goals and has scored five this year, including two game-winners.

- Scoring her second goal of her career, **Bethany Fluto** (Jr., For., Bemidji, Minn.) knocked in the game-winner at Concordia-St. Paul. Both of her career goals have been game winners and have come this season.

- **Alysha Domiano** (Sr., Def., Dayton, Minn.) ended a two-year scoring drought on Sept. 18 when she scored the game-winning goal of the game against MSU Moorhead. She also picked up an assist on Sept. 19 against Minnesota, Crookston.

- **Samantha Lumberg** (Fr., D/M, Woodbury, Minn.) picked up her first collegiate point on Sept. 18 when she assisted on the second goal of the game against MSU Moorhead.

- The Sept. 7 game against Minnesota, Crookston saw **Mallory Lowe** (So., Def., Lino Lakes, Minn.) and **Danni Steele** (Fr., M/D, Mankato, Minn.) pick up their first-collegiate points each recording an assist.

- In the Sept. 7 game, red-shirt sophomore **Analey Skog** (For., St. Francis, Minn.) recorded one goal and one assist. Both were her firsts for the season.

- Freshman **Jessie Voeller** (For., White Bear Lake, Minn.) has had an amazing start for the Beavers, netting two goals and picking up two assists.

- Senior goalkeeper **Samantha Ross** (Stillwater, Minn.) was named NSIC Defensive Player of the Week for her efforts in net against the UMC on Sept. 7. En route to her fifth career shutout, Ross turned away six shots on goal en route to her second win on the season. With a 2-0-0 record to start the season, she also has a 0.67 goals against average and a .917 save percentage since the season has begun.

- Ellefsen was recognized for her production on the field against North Dakota University and Viterbo University over the Sept. 3-5 weekend. She netted two goals for the Beavers over the weekend, both proving to be game winners. In Grand Forks, N.D., Ellefsen scored the second goal of the game at the 56th minute mark. Following up against Viterbo, she scored the third goal of the game for the Beavers in the 72nd minute helping clinch the win. On the weekend she had 6 shots on goal, three in each game.

Scouting Augustana College (8-8-2, 7-5-1 NSIC)

- Maren Werth knocked in a header to shatter a 1-1 tie, allowing Augustana to defeat Concordia University, St. Paul 2-1 last weekend. The goal marks Werth's fourth this season. The freshman led the Vikings with six shots, three on goal.

- Amanda Wagner made 10 stops in Augustana's two matches last weekend, while tallying five to help the Vikings defeat Concordia University, St. Paul 2-1.

- The last time the two teams met, the Beavers defeated the Vikings 1-0 in Sioux Falls, S.D. **Bri Scanlan** scored the lone goal in the game behind an assist from **Jamie Ford**.

2010 NSIC Players of the Week

Aug. 30-Sept. 5

Offensive: **Ashlee Ellefsen (BSU)**

Defensive: Anna Belpedio (WSU)

Sept.6-Sept. 12

Offensive: Megan Dias (WSC)

Defensive: **Samantha Ross (BSU)**

Sept.13-Sept. 19

Offensive: Katie Shandri (AU)

Defensive: Chelsey Eley (MSU)

Sept.20-Sept. 26

Offensive: Stacy Dally (AU)

Defensive: Molly Bender (SCSU)

Sept.27-Oct. 4

Offensive: Brittany Henry (MSU)

Defensive: Anna Belpedio WSU)

Oct. 5 - Oct. 11

Offensive: Jennifer Deroo (WSU)

Defensive: Anna Ogaard (UMC)

Oct. 12 - Oct. 18

Offensive: Laura Leber (MSU)

Defensive: Ashley Akers (U-Mary)

Oct. 19 - Oct. 25

Offensive: Liz Kaluzinski (UIU)

Defensive: Emily Walker (WSC)

Oct. 26 - Nov. 1

Offensive: Jennifer Deroo (WSU)

Defensive: Ashley Akers (U-Mary)

Currently-Active Award Winners

ALL-NSIC

SELECTIONS

2009

Ashlee Ellefsen (Second Team)

Alysha Domiano (Second Mention)

2008

Jamie Ford (Third Team)

Ashlee Ellefsen (Third Team)

Alysha Domiano (Honorable Mention)

2007

Ashlee Ellefsen (Second Team)

Alysha Domiano (Honorable Mention)

NSIC

ALL-ACADEMIC

2009

Alysha Domiano

Brianna Duff

Bethany Fluto,

Jamie Ford

Rachel Gustafson

Bri Scanlan

Analey Skog

Jennifer Stromberg

2008

Jenny Stromberg

Alysha Domiano

Madeline Pletta

Jamie Ford

2007

Jamie Ford

CoSIDA

ACADEMIC

ALL-DISTRICT

2009

Brianna Duff (Third team)

2008

Alysha Domiano (Third team)

DAKTRONICS

ALL-REGION

2009

Ashlee Ellefsen (Second Team)

Alysha Domiano (Second Team)

2008

Ashlee Ellefsen (First Team)

DAKTRONICS

ALL-AMERICA

2008

Ashlee Ellefsen (Honorable Mention)

NSIC OFFENSIVE PLAYERS OF THE WEEK

2010

Ashlee Ellefsen (Sept. 5)

2009

Ashlee Ellefsen (Nov. 2)

2008

Jamie Ford (Nov. 3)

Ashlee Ellefsen (Sept. 9)

Jamie Ford (Sept. 3)

2007

Ashlee Ellefsen (Sept. 11)

NSIC DEFENSIVE PLAYERS OF THE WEEK

2010

Samantha Ross (GK, Sept. 12)

2009

Tiffany VanHaaften (Sept. 28)

Samantha Ross (Oct. 26)

2008

Samantha Ross (GK, Sept. 3)

Goals

1.	Ashlee Ellefsen	39..2007-SA
2.	Katie Meinhardt	31...2003-06
3.	Becky Elk	30...1999-01
4.	Jamie Ford	27..2006-SA
5.	Kelly Hyvare	23...2005-08
6.	Lindsey Natwick	21...2002-05
7.	Lauren Miller	12...1999-01
T-8.	Megan Wallner	11...2004-07
	Lauren Olivares	11...2005-08
T-10.	Kelly Lessman	9.....1999-02
	Ashley Lehmeier	9.....2003-06

Assists

T-1.	Ashlee Ellefsen	23..2007-SA
	Jamie Ford	22..2006-SA
3.	Lindsey Natwick	22...2002-05
4.	Kelly Hyvare	19...2005-08
5.	Christina Hicks	14...2003-07
6.	Kara Smyth	13..2007-SA
7.	Ashley Lehmeier	12...2003-06
T-8.	Becky Elk	11...1999-01
	Lauren Miller	11...1999-01
	Megan Wallner	11...2004-07
13.	Lauren Olivares	10...2005-08
T-14.	Amy Vleck	9.....1999-02
	Whitney Sengthao	9.....2003-04
	Danielle Uphoff	9.....2006-08

Assists (Single-Game)

T-1.	Kirsten Erickson	3
	vs Minnesota, Crookston	
	Sept. 8, 2009	
	Jenny Stromberg	3
	vs Wisconsin-Superior	
	Oct. 26, 2008	

Points

1.	Ashlee Ellefsen	101 . 2007-SA
2.	Jamie Ford	76 ... 2006-SA
3.	Becky Elk	711999-01
4.	Katie Meinhardt	692003-06
5.	Kelly Hyvare	652005-08
6.	Lindsey Natwick	642002-05
7.	Lauren Miller	351999-01
8.	Megan Wallner	332005-07
9.	Lauren Olivares	322005-08
T-10.	Ashley Lehmeier	30.....2003-06
	Christina Hicks	302003-07

Game-winning goals

1.	Ashlee Ellefsen	14..2007-SA
2.	Kelly Hyvare	10...2005-08
T-3.	Katie Meinhardt	7.....2003-06
	Jamie Ford	7....2006-SA
T-5.	Christina Hicks	5.....2004-07
	Lauren Olivares	5.....2005-08
T-7.	Becky Elk	4.....1999-01
	Lindsey Natwick	4.....2002-06
	Tegan Moehn	4.....2003-06
	Bri Scanlan	4....2008-SA

OVERTIME GOALS

1.	Jamie Ford	3	2006-SA
2.	Kelly Hyvare	2	2005-08
T-3.	Kristy Hodapp	1	1998-00
	Mary Stoltz	1	2003-06
	Christina Hicks	1	2003-07
	Ashlee Ellefsen	1	2007-SA
	Jenny Stromberg	1	2007-SA

Goals Against Average (Career)

(Minimum 2,500 minutes required)

1.	Samantha Ross	0.96	2007-SA
2.	Kari Torgerson	1.38	2003-06
3.	Niki Dalka	2.81	2000-02

Saves (Career)

1.	Kari Torgerson	602**	2003-06
2.	Niki Dalka	585*	2000-02
3.	Samantha Ross	335	2007-SA
4.	Kim Strom	192	1997-99
5.	Joanne Nigbor	169	1996
6.	Angela Jo Ziebol	158	1998
7.	Jessica Meath	108	2005-07
8.	Kelli Hadrava	90	1996-97
9.	Noelle Lancaster	88	1997
10.	Abby Kjonaas	81	2008-SA

**= fifth all-time in NCAA D-II

*= eighth all-time in NCAA D-II

Save Percentage (Career)

(must have played in 50% of team's minutes during career)

1.	Samantha Ross	.868	2007-SA
2.	Kari Torgerson	.854	2003-06
3.	Niki Dalka	.811	2000-02
4.	Angela Jo Ziebol	.705	1998
5.	Joanne Nigbor	.679	1996
6.	Noelle Lancaster	.595	1997

Minutes Played In Net (Career)

1.	Kari Torgerson	6710:80#	2003-06
2.	Samantha Ross	4799:11	2007-SA
3.	Niki Dalka	4351:42	2000-02
4.	Jessica Meath	1762:68	2005-07
5.	Kim Strom	1283:10	1997-99
6.	Abby Kjonaas	1180:08	2008-09
7.	Angela Jo Ziebol	1113:30	1998
8.	Joanne Nigbor	925:00	1996
9.	Noelle Lancaster	739:00	1997
10.	Hannah Carter	491:06	1998-99

= 14th all-time in NCAA D-II

Games Played In Net (Career)

1.	Kari Torgerson	78	2003-06
2.	Samantha Ross	60	2007-SA
3.	Niki Dalka	48	2000-02
4.	Hannah Carter	37	1998-99
5.	Kim Strom	35	1997-99
6.	Jessica Meath	25	2005-07
7.	Abby Kjonaas	23	2008-09
8.	Deidre Pantzke	21	1997-98
9.	Angela Jo Ziebol	16	1998
10.	Jessica Bina	12	1998-99

Wins (Career)

1.	Kari Torgerson	36	2003-06
2.	Samantha Ross	31	2007-SA
3.	Niki Dalka	12	2000-02
4.	Abby Kjonaas	9	2008-SA
5.	Jessica Meath	7	2005-07
T-6.	Kim Strom	2	1997-99
	Hannah Carter	2	1998-99
T-9.	Noelle Lancaster	1	1997
	Angela Jo Ziebol	1	1998

Shutouts (Career)

1.	Kari Torgerson	19	2003-06
T-2.	Niki Dalka	10	2000-02
	Samantha Ross	10	2007-SA
4.	Jessica Meath	7	2005-07
5.	Abby Kjonaas	3	2008-SA
6.	Kim Strom	2	1998-99

Time in net without a goal (Individual)

1.	Samantha Ross	523:07
	Oct. 24, 2008 - Sept. 19, 2009	
2.	Kari Torgerson	429:03
	Sept. 2, 2004 - Sept. 18, 2004	

LAST TIME IT HAPPENED

Shutout:

Oct. 31, 2010
at Minnesota State, 1-0

Shutout at Home:

Sept. 19, 2010
vs Minnesota, Crookston, 5-0

Shutout on Road:

Oct. 31, 2010
at Minnesota State, 1-0

Game Ending in a Tie:

Oct. 30, 2010
at Southwest Minn. State, 1-1

Victory in Overtime:

Oct. 10, 2010
vs. University of Mary, 2-1 1OT

BSU Player to Record Three or more

Goals in One Game:

Ashlee Ellefsen
vs Augustana College
Oct. 30, 2009

BSU Player to Record 30+ Saves in

One Game:

Niki Dalka - 36 Saves
vs. Winona State
Oct. 28, 2001

Penalty Kick:

Jamie Ford
Sept. 19, 2010
(successful)

Penalty Kick Allowed:

Oct. 30, 2009
at Southwest Minn. State
(successful)

10+ Assists:

12 vs. UW-Superior,
Nov. 26, 2008

8+ Goals:

16 vs. Finlandia
Sept. 3, 2004

40+ Shots:

59 vs. UW-Superior
Nov. 26, 2008

2010 Statistics

Overall Record: 13-3-1

NSIC: 9-3-1

Home: 7-1-0

Away: 6-2-1

Neutral: 0-0-0

No.	Name	GP-GS	G	A	Pts	Sh	Sh%	SOG	SOG%	GW	Pk-ATT
4	Ellefsen, Ashlee	17-16	7	7	21	71	.099	35	.493	3	0-0
3	Ford, Jamie	17-16	4	10	18	35	.114	18	.514	1	2-2
7	Stromberg, Jenny	17-16	5	2	12	29	.172	16	.552	2	0-0
21	Scanlan, Bri	17-16	5	1	11	13	.385	8	.615	3	0-0
11	Voeller, Jessie	11-1	2	2	6	12	.167	5	.417	0	0-0
18	Smyth, Kara	17-16	1	4	6	21	.048	10	.476	0	0-0
10	Fluto, Bethany	15-0	2	1	5	15	.133	6	.400	2	0-0
20	Skog, Analey	7-1	2	1	5	11	.182	6	.545	0	0-0
12	Domiano, Alysha	17-16	2	1	5	6	.333	2	.333	1	0-0
9	Duff, Briana	17-15	1	2	4	9	.111	3	.333	0	0-0
17	VanHaafte, Tiffany	17-16	1	1	3	20	.050	7	.350	0	0-0
6	Bjorge, Kathryn	17-16	0	3	3	5	.000	2	.400	0	0-0
22	McAleen, Kari	17-1	1	0	2	14	.071	7	.500	1	0-0
25	Erickson, Kirsten	17-1	1	0	2	13	.077	4	.308	0	0-0
16	Pointon, Kelly	14-14	0	1	1	5	.000	3	.600	0	0-0
26	Lumberg, Samantha	17-4	0	1	1	4	.000	0	.000	0	0-0
24	Steele, Danni	8-1	0	1	1	0	.000	0	.000	0	0-0
13	Lowe, Mallory	7-1	0	1	1	0	.000	0	.000	0	0-0
19	Gustafson, Rachel	17-1	0	0	0	6	.000	3	.500	0	0-0
23	Erickson, Liz	8-0	0	0	0	4	.000	2	.500	0	0-0
28	Boyd, Bronwyn	5-0	0	0	0	2	.000	0	.000	0	0-0
5	Dalton, Sara	15-2	0	0	0	2	.000	2	1.000	0	0-0
Total		17	34	39	107	297	.114	139	.468	13	2-2
Opponents		17	14	8	36	231	.061	121	.524	3	1-1

Goalkeepers

No.	Name	GP-GS	Minutes	GA	AVG	Saves	PCT	W	L	T	SO	Shots Faced
0	Kjonaas, Abby	5-4	380:00	3	0.71	26	.897	3	0	1	1.0	52
1	Ross, Samantha	14-13	1186:44	11	0.83	81	.880	10	2	0	6.0	178
TM	TEAM	0-0	0:00	0	0.00	0	.000	0	0	0	1.0	0
Total		17	1566:44	14	0.80	107	.884	13	2	1	8	230
Opponents		17	1541:44	34	1.98	105	.755	2	13	1	1	291

TEAM STATISTICS	BSU	OPP	GOALS BY PERIOD	1st	2nd	OT	OT2	Total						
SHOT STATISTICS			Bemidji State					9	23	2	0	34		
Goals-Shot attempts			34-297	14-231	Opponents					2	11	1	0	14
Goals scored per game			2.00	0.82										
Shot pct.			.114	.061										
Shots on goal-Attempts			139-297	121-231	Bemidji State					115	167	12	3	297
SOG pct.			.468	.524	Opponents					117	108	5	1	231
Shots/Game			17.5	13.6										
Assists			39	8										
CORNER KICKS			87	45	Bemidji State					60	45	1	1	107
			Opponents					50	50	3	2	105		
PENALTY KICKS			2-2	1-1	Bemidji State					38	47	2	0	87
			Opponents					22	22	0	1	45		
OFFSIDES			41	12	Bemidji State					63	64	2	1	130
			Opponents					43	59	2	0	104		
PENALTIES			Bemidji State					63	64	2	1	130		
Fouls			130	104	Opponents					43	59	2	0	104
Yellow cards			3	12										
Red cards			1	0										
ATTENDANCE			Bemidji State					15	26	0	0	41		
Total			4178	1731	Opponents					4	8	0	0	12
Dates/Avg Per Date			8/522	9/192										
Neutral Site #/Avg			0/0											