

BEMIDJI STATE MEN'S BASKETBALL

Game Notes - Exhibition - November 1, 2011 - Bemidji State at Minnesota

Beavers and Gophers do battle in exhibition contest Bemidji State went 11-15 overall and 8-14 in NSIC play last season



Bemidji State BEAVERS

0-0; 0-0 NSIC

IN THE POLLS

NR DII Bulletin
NR Sporting News
- NCAA Central Region

2010-11 LEADERS

Points: J. Ellisor
449, 17.3 ppg
Rebounds: J. Ellisor
182, 7.0 rpg
Assists: B. Tesdahl
156, 6.0 apg
Steals: J. Ellisor
41, 1.6 spg



Minnesota GOPHERS

0-0; 0-0 BIG TEN

IN THE POLLS

NR AP
NR ESPN
- RPI

2010-11 LEADERS

Points: T. Mbakwe
431, 13.9 ppg
Rebounds: T. Mbakwe
327, 10.5 rpg
Assists: B. Hoffarber
126, 4.1 apg
Steals: A. Hollins
38, 1.2 spg

SETTING THE SCENE

Date: Tuesday, November 1, 2011
Location: Minneapolis, Minn.
Kickoff: 7:00 p.m.
Stadium: Williams Arena
Stadium Capacity: 14,625
Local Radio:



Play-by-play: Brian Schultz
Analyst: none
Internet Audio: www.wmisfm.com/ and
www.beaverradionetwork.com

Local Television: none
Play-by-Play: none
Analyst: none
Web cast: Gopher All-Access/btn.com
Play-by-Play: Matt Nelson
Analyst: Quincy Lewis

Live Stats: www.gophersports.com/sports/m-baskbl/sched/minn-m-baskbl-sched.html

2011-12 SCHEDULE

Date	Team	Time/Result
Nov. 1	at Minnesota (Exh.)	7:00 p.m.
<i>NSIC/RMAC Challenge</i>		
Nov. 11	at Metro State	8:00 p.m.
Nov. 12	at UC-Colorado Springs	8:00 p.m.
Nov. 20	Sioux Falls	7:00 p.m.
Nov. 22	at UW-Stout	7:00 p.m.
<i>Innkeepers Beaver Classic</i>		
Nov. 25	Minot State	7:00 p.m.
Nov. 26	Michigan Tech	7:00 p.m.
Dec. 2	at MSU Moorhead*	8:00 p.m.
Dec. 3	at Minnesota, Crookston*	6:00 p.m.
Dec. 9	at Winona State*	8:00 p.m.
Dec. 10	at Upper Iowa*	8:00 p.m.
Dec. 16	Northern State*	8:00 p.m.
Dec. 17	U-Mary*	6:00 p.m.
Jan. 3	Minnesota Duluth*	8:00 p.m.
Jan. 7	at Augustana*	6:00 p.m.
Jan. 8	at Wayne State*	4:00 p.m.
Jan. 13	St. Cloud State*	8:00 p.m.
Jan. 14	Concordia-St. Paul*	6:00 p.m.
Jan. 20	Minnesota State*	8:00 p.m.
Jan. 21	Southwest Minnesota State*	6:00 p.m.
Jan. 27	at U-Mary*	8:00 p.m.
Jan. 28	at Northern State*	8:00 p.m.
Feb. 4	at Minnesota Duluth*	4:00 p.m.
Feb. 10	Minnesota Crookston*	8:00 p.m.
Feb. 11	MSU Moorhead*	6:00 p.m.
Feb. 17	at Southwest Minnesota State*	8:00 p.m.
Feb. 18	at Minnesota State*	6:00 p.m.
Feb. 24	Upper Iowa*	8:00 p.m.
Feb. 25	Winona State*	6:00 p.m.
<i>NSIC Tournament</i>		
Feb. 29	First Round	TBA
March 3-4	Semi-Finals and Finals	TBA

Home games in **Bold**

* - Northern Sun Intercollegiate game

Italics - Tournament

QUICK FACTS

UNIVERSITY INFORMATION

Location:	Bemidji, Minn. (11,917)
Founded:	1919
Enrollment:	5,360
Conference:	Northern Sun Intercollegiate
Website:	www.northern.sun.org
Affiliation:	NCAA Division II
Nickname:	Beavers
School Colors:	Green & White
PMS Color:	Green (PMS 3305)
Home Field:	BSU Gymnasium (2,500)
President:	Dr. Richard Hanson
Athletics Director:	Dr. Rick Goeb
Head Trainer:	Bill Crews
Assistant Trainer/MBB:	Travis Shock
Trainer Phone:	(218) 755-2769
Equipment Manager:	Mel Nygaard
Equipment Phone:	(218) 755-3292
Compliance/SWA:	Sarah Levesque
Athletics Secretary:	Debbie Slough
Athletics Phone:	(218) 255-2941
Athletics Fax:	(218) 755-3898

COACHING STAFF

Head Coach:	Matt Bowen (Indiana '95)
Head Coach E-mail:	mbowen@bemidjistate.edu
Men's Basketball Office Phone:	(218) 755-2774
Record at School:	42-93 - Sixth season
Career Record:	42-93 - Sixth season
Assistant Coach:	Ryan Montgomery (Hamline '06)
Graduate Assistant Coach:	Kevin Williamson (Univ. of Great Falls '07)

TEAM INFORMATION

2010-11 Record:	11-15 (8-14 NSIC, T10th)
Starters Returning/Lost:	4/1
Letterwinners Returning/Lost:	8/5
Newcomers:	4

PROGRAM HISTORY

First year of men's basketball:	1921
Overall record (87 seasons):	907-1,042 (.465)
Years in post-season play:	5 (NAIA)
(National - 1940, 1941, 1942; District - 1984, '85)	
	1 (NCAA)
(North Central Regional - 2004)	
Northern Intercollegiate (NIC Championships):	8
(1940, 1941, 1942, 1951, 1952, 1954, 1957, 1967)	
Northern Sun Intercollegiate (NSIC Championships):	1 (2004)

THE GAME

The Bemidji State University men's basketball team (0-0; 0-0 NSIC) travels to Minneapolis, Minn. Nov. 1 for a 7 p.m. exhibition contest at University of Minnesota at Williams Arena. The contest marks the first official competition for BSU this season and will serve as the lone exhibition game. The Beavers are the first of two exhibition games for the Gophers against Northern Sun Intercollegiate Conference teams as they host Augustana College Nov. 7.

THE SERIES

The Beavers and Gophers have met once all-time. BSU traveled to Minnesota Nov. 3, 2006 for an exhibition game where it lost 88-32.

THE COACHES

Bemidji State: Since taking his post as head men's basketball coach at Bemidji State in 2006, **Matt Bowen** has led the Beaver program to improvements both on and off the court. Becoming the 19th head men's basketball coach at BSU June 30, 2006, Bowen now enters his sixth season at the helm after spending 15 years as an assistant coach at the Division I level. He owns a 42-93 over 30-68 NSIC record. His five seasons at Bemidji State puts him fourth on the all-time coach's list for seasons coached. More Bowen on page 3.

Minnesota: On March 23, 2007 **Tubby Smith** was announced as the 16th head basketball coach of the Minnesota Golden Gophers Men's Basketball program. Since then, Smith has amassed 80 victories on the Gopher sideline, the most in a coach's first four years in the history of Minnesota basketball. In those four years, Smith has led the Gophers to three post-season berths, a title in the ESPN Puerto Rico Tip-Off and to five victories over teams ranked in the top 10 or higher. Prior to Smith's arrival, Minnesota hadn't defeated a top 10 team in almost three seasons.

THE PROGRAM

Bemidji State's all-time record is 907-1,042 (.465) dating back to 1921. The Beavers have six years in post-season play, five at the National Association of Intercollegiate Athletics (NAIA) level (1940, 1941, 1942, 1984, 1985) and one at the NCAA level (2004). BSU has claimed nine conference titles with eight in the Northern Intercollegiate Conference (NIC) (1940, 1941, 1942, 1951, 1952, 1954, 1957, 1967) and one in the NSIC (2004).

Game Notes

Bowen's Exhibition Record: Under head coach **Matt Bowen** the Beavers are 2-6 in exhibition games, including a loss to Minnesota. Last season the Beavers hosted University of Wisconsin-Superior in an exhibition contest, winning 87-72. Against Division I opponents, BSU is 0-6.

Bowen's Exhibition Record (2-6)

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0
UW-Superior	1-0

NSIC Preseason Poll: For the first time since 2006, the Bemidji State University men's basketball team is ranked in the top eight in the Northern Sun Intercollegiate Conference Preseason Coaches' Poll. The Beavers were tabbed seventh (82 points) Oct. 26 in the 2011-12 edition of the coaches' tally after finishing last season in a three-way tie for 10th in the final regular-season rankings with a 11-15 overall and 8-14 conference record.

BSU's Player to Watch: Senior **James Ellisor** averaged 17.3 points and 7.0 rebounds per game and shot 57.9 percent from the field in 2010-11 to earn Second-Team All-NSIC honors. He led the NSIC in field goal percentage, while ranking in the top 10 in steals (4th, 1.6 spg), blocks (T6th, 0.9 bpg), scoring (7th) and rebounding (9th). He started 25 of 26 games for BSU and posted ten 20-plus scoring games and recorded double-figures in all but two contests. Nationally, Ellisor ranked 32nd in field goal percentage.

Doubling-Up: Four different Beavers combined for seven double-doubles 2010-11.

- Junior **Bryce Tesdahl** recorded his second-career double-double with a team-high 23 points and 10 assists at Finlandia Nov. 17. His second double-double of the season came in an overtime loss to St. Cloud State Jan. 14. He scored 12 points and added 10 assists.
- Junior **James Ellisor** recorded his first double-double as a Beaver versus UW-Stout Nov. 23, scoring 13 points and adding 11 rebounds. His second double-double came in an 83-80 loss to Upper Iowa Dec. 11, scoring 21 points and adding 11 rebounds. In a 63-53 win against WSC Jan. 9, he recorded 14 points and a season-high 13 rebounds.
- Sophomore **Mason Walters** earned his first-career double-double Jan. 3 at Minnesota Duluth, posting career-highs in points (19) and rebounds (11).
- Sophomore **Lance Rongstad** recorded a career-high 13 rebounds at Minnesota Duluth Jan. 3, while adding 11 points for his second-career double-double.

Thanks for the Charity: The Beavers finished as the No. 2 team in the Division II nation in free throw percentage (Final NCAA Statistics Summary), shooting 78.9 percent from the charity stripe. **Lance Rongstad's** 88.3 percent guided the team and was 19th in the nation.

Gotta Win the Close Ones: In a league as competitive as the NSIC, winning the close games is crucial to separate the non-playoff teams from the postseason contenders. Last season, the Beavers were 3-7 in games decided by five points or less.

BEAVERS' 2010-11 RECORD WHEN...

MONTH	
Plays in November	3-1
Plays in December	2-4
Plays in January	2-7
Plays in February	4-3
Plays in March	0-0

DAY OF THE WEEK

Plays on Sunday	1-0
Plays on Monday	2-0
Plays on Tuesday	1-1
Plays on Wednesday	1-0
Plays on Thursday	0-0
Plays on Friday	4-5
Plays on Saturday	2-9

TIME OF DAY

Plays during the day (Before 6 p.m.)	1-2
Plays at night	10-13

LOCATION

Plays at home	4-8
Plays on the road	7-7
Plays at a neutral site	0-0

CONFERENCE

Record vs. the NSIC	8-14
Nonconference opponents	3-1
In Region	8-14
vs. NAIA or Division III	3-0

HALFTIME SCORE

Leads at half	9-7
Trails at half	2-8
Tied at half	0-0

MARGIN

Margin is 5 points or less	3-7
Margin is 10 points or less	3-3
Margin is between 11-20	2-4
Margin is more than 20	3-1

POINTS SCORED

Scores 59 points or less	0-2
Scores 60+ points	3-5
Scores 70+ points	1-3
Scores 80+ points	5-5
Scores 90+ points	1-0
Scores 100+ points	1-0

SHOOTING

Shoots 50% or better	7-6
Shoots less than 50%	4-9
Opponent shoots 50% or less	10-7
Shoots better than opponent	10-7
Shoots worse than opponent	1-8

FREE THROWS

Has more FTs made than opponent	9-8
Has equal FTs made than opponent	1-1
Has less FTs made than opponent	1-6

REBOUNDING

More rebounds than opponent	11-4
Less rebounds than opponent	0-10
Has equal rebounds	0-1

TURNOVERS

Has more TOs than opponent	11-8
Has equal or less TOs than opponent	0-7

MISCELLANEOUS

vs. Nationally-ranked opponent	0-3
In tournament play	0-0
Plays an overtime game	0-1
Win the game before	3-7
Loses the game before	7-8
Makes 5+ 3-point shots	7-11
Has 20+ assists	1-0
Has a 20-plus-point scorer	8-9
Has equal/more bench points	7-8
Has less bench points	4-7

MATT BOWEN

HEAD COACH - SIXTH SEASON



Since taking his post as head men's basketball coach at Bemidji State in 2006, **Matt Bowen** has led the Beaver program to improvements both on and off the court. Becoming the 19th head men's basketball coach at BSU June 30, 2006, Bowen now enters his sixth season at the helm after spending 15 years as an assistant coach at the Division I level.

The Beavers finished the 2010-11 season with a 11-15 overall and 8-14 Northern Sun Intercollegiate Conference record to finish in a three-way tie for 10th and just a game out of eighth. BSU started the season 3-1, but spent most of the season trying to find a rhythm. The Beavers hovered around .500 until dropping seven straight games Jan. 14 - Feb. 5. Four of those losses came by a five point or less margin. BSU finished the season on a high note, winning four of the last six games, including a 60-58 victory at Winona State to defeat the Warriors for the second consecutive season on their home court. Close games proved to be the difference maker for the Beavers as they closed the campaign with a 3-7 record in games decided by five points or less. Newcomer **James Ellisor** made an immediate impact by averaging 17.3 points, 7.0 rebounds and a league leading 57.9 field goal percentage to earn *Second-Team All-NSIC* honors. **Bryce Tesdahl** continued to dish out assists and became the program's assist leader. Bowen has molded his team into opportunistic shooters from the free throw line, as the squad closed the season second in the nation in free throw percentage with a 78.9 percent mark from the charity stripe.

Bowen earned his first double-digit win season in 2009-10 as the Beavers went 12-15 overall and 8-12 in the NSIC, finishing 11th in the conference. BSU had its ups and downs during the 2009-10 campaign, hanging its hat on sweeping Winona State University for the first time since 2003-04. WSU was ranked No. 17 nationally in the first meeting in Winona where the Beavers needed overtime, then at the BSU Gymnasium, BSU prevailed in a nail-bitter 88-86. The Beavers started 5-3, their best eight-game start since the 1997-98 season. After starting strong the youth and short bench slowed BSU and it lost seven straight and were 2-11 from Dec. 13 - Feb. 6. The Beavers found a rhythm at the end of the season, closing the campaign winning five of six. Bowen saw his first four-year player graduate at the end of the season in Seth Haake, who finished 10th in career points and career assists at BSU, leading the team off the court as a two-time *NSIC Academic All-Conference* team member. **Bryce Tesdahl** had one of the best performances in the green and white at the point guard position, finishing fourth in the school's season assists charts with 137, while leading the team in rebounds and finishing 28th in the nation in free throw percentage. Tesdahl wasn't the only one hitting from the charity stripe as the squad finished fifth nationally in free throw percentage. Academically, BSU closed the 2009-10 season with a team GPA of 3.03.

In 2008-09, BSU went 8-19 overall and 6-14 in the NSIC, finishing tied for 10th. Bowen guided his team to a 6-21 overall record and a 3-15 record in the NSIC for a ninth place finish in 2007-08 and was 5-23 overall and 5-13 in the NSIC in 2006-07. Bowen inherited a 2005-06 team that went 15-13 overall and 9-5 in the NSIC that was dismantled at the conclusion of the season, carrying over just three players. In the process of rebuilding there are bumps along the road, but the Beavers are moving in the right direction, defeating back-to-back nationally ranked opponents during a four-game winning streak in 2008-09 (Jan. 6-16). BSU beat No. 24 St. Cloud State University at home, 69-66, and then traveled to No. 11 Northern State University and won a two overtime thriller 100-93. In the process of rebuilding, Bowen and his staff have recruited and brought in some of the best talent from around the state of Minnesota to help put the pieces of the BSU men's basketball program back together.

Bowen came to BSU after spending the past 15 years molding his coaching style after some of NCAA Division I men's basketball's greatest coaching legends. He was a student manager for Bob Knight at Indiana University and served as an assistant coach under both Gene Bartow at the University of Alabama at Birmingham and most recently, Homer Drew at Valparaiso University. Bowen's trio of mentors have combined for nearly 2,100 career wins and 105 years of head coaching experience.

During his four years under Drew at Valpo, Bowen helped to lead the Crusaders to an overall record of 70-52 (.574) with a 41-21 (.661) mark versus Mid-Continent Conference competition. In 2003, his first season at the university, the team was 20-11 overall and 12-2 in the league as it grabbed the front end of back-to-back conference titles. The Valpo men capped the year off with a trip to the National Invitational Tournament (NIT). The following season, the Crusaders went 18-13 overall with an 11-5 mark versus the league to earn their second league crown and a berth into the NCAA Tournament.

In addition to game day and practice duties, Bowen was responsible for organizing all recruiting efforts, summer youth camps, game preparation and scouting and being the team's academic coordinator.

As a recruiter, Bowen was responsible for signing the No. 1 incoming class in the Mid-Continent Conference and one of the Top-100 nationally according to the 2006 HoopScoop and Dave Telep recruiting publications. Bowen's ties to the Midwest, specifically Minnesota, were evident in the class as it was headlined by Mr. Basketball Minnesota Finalist and Tartan High School graduate Urule Igbavboa. Bowen began his collegiate coaching ventures in 1995 when he was hired as an assistant coach at Alabama-Birmingham. In seven seasons at UAB, the Blazers captured a Conference USA National Division Championship (1999), went to the NCAA Tournament (1999) and were twice invited to participate in the NIT (1997, 1998).

The River Falls, Wis. native is the son of long-time NCAA Division III head men's basketball coach at the University of Wisconsin-River Falls. Bowen has been around basketball all of his life, but he first acquired a taste of his own for collegiate basketball as the student manager for Knight's Indiana Hoosiers (1990-1995). While serving under coach Knight, Bowen was a part of two Big Ten titles (1991, 1993) and four NCAA Tournament appearances, twice advancing to the Elite Eight (1992-1993) and earning a spot in the Final Four in 1992.

He joins a long list of former Indiana managers who have gone on to make a name for themselves in coaching, most notably former New Jersey Nets Head Coach Lawrence Frank, a manager at IU from 1989 to 1992. While at Indiana, Bowen also worked directly with George David, now the Director of Player Personnel for the Detroit Pistons and Ryan Carr, Director of Scouting for the Indiana Pacers. In addition, Bowen's father, Rick, got his feet wet as a Hoosier student manager under Branch McCracken in the 1960s.

Bowen is a 1995 graduate of Indiana with a Bachelor of Science degree in Health, Physical Education and Recreation (HPER). He picked up a Master of Arts degree in education during his time at UAB, graduating in 1999.

Bowen and his wife Ashli have a nine-year-old daughter McKenzie and a four-year-old daughter Addison.

BOWEN'S BSU TEAM VERSUS

vs NSIC	28-65	North Dakota	0-4
vs. Nonconference	12-25	Northern Michigan	0-1
Alaska-Anchorage	0-2	Northern State	2-7
Augustana (S.D.)	0-4	Northland College (Wis.)	1-0
College of the Ozarks	1-0	Puget Sound	0-1
Concordia -St. Paul	1-8	Purdue North Central	1-0
Dickinson State	2-0	SW Minnesota State	0-8
Finlandia	2-0	St. Cloud State	1-6
Jamestown	2-2	UW-Parkside	0-1
Mary (N.D.)	1-7	UW-River Falls	0-1
Michigan Tech	0-1	Upper Iowa	4-5
Minnesota, Crookston	8-1	Viterbo	1-0
Minnesota Duluth	3-4	Wayne State (Neb.)	3-6
MSU Moorhead	2-7	Winona State	3-7
Minnesota State	0-4	Wisconsin-Stout	1-1
Nebraska-Omaha	0-1	Wisconsin-Superior	1-1

BOWEN'S EXHIBITION RECORD (2-6)

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0
UW-Superior	1-0

BOWEN'S MILESTONES AT BSU

First game: Minnesota Duluth (11/15/06)
 First Win: at Minnesota, Crookston (1/6/07)
 First NSIC Win: at Minnesota, Crookston (1/6/07)
 First overtime win: vs. Minnesota, Crookston (1/5/08)
 First 100-point game: at No. 11 Northern State W, 100-93 2OT (Jan. 16)



The Bowen Family

THE BOWEN FILE

YEAR	SCHOOL	ASSIGNMENT	NOTABLE TEAM ACHIEVEMENTS
1990-91	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT
1991-92	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT, FINAL FOUR
1992-93	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT, ELITE EIGHT
1993-94	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT
1994-95	INDIANA	STUDENT MANAGER	
1995-96	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
1996-97	ALABAMA BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1997-98	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1998-99	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NCAA TOURNAMENT, CONFERENCE USA DIVISION CHAMPS
1999-00	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2000-01	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2001-02	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2002-03	VALPARAISO	ASSISTANT COACH	NIT PARTICIPANT, MID-CONTINENT CONFERENCE CHAMPS
2003-04	VALPARAISO	ASSISTANT COACH	NCAA TOURNAMENT, MID-CONTINENT CONFERENCE CHAMPS
2004-05	VALPARAISO	ASSISTANT COACH	
2005-06	VALPARAISO	ASSISTANT COACH	
2006-07	BEMIDJI STATE	HEAD COACH	5-23 / 5-13 NSIC; NSIC TOURNAMENT
2007-08	BEMIDJI STATE	HEAD COACH	6-21 / 3-15 NSIC
2008-09	BEMIDJI STATE	HEAD COACH	8-19 / 6-14 NSIC; BEAT BACK-TO-BACK RANKED OPPONENTS
2009-10	BEMIDJI STATE	HEAD COACH	12-15 / 8-12 NSIC; SWEPT WINONA STATE & MINNESOTA DULUTH
2010-11	BEMIDJI STATE	HEAD COACH	11-15 / 8-14 NSIC; WON AT WINONA STATE

HEAD COACHING TOTALS - OVERALL: 42-93 NSIC: 30-68

2011-12 Roster

NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
1	Dermaine Crockrell	G	6-1	150	Jr.	Mesa, Ariz. (Scottsdale CC)
2	Lance Rongstad	G	6-3	205	Jr.	Eleva, Wis. (Eleva-Strum HS)
3	Zach Noreen	F	6-6	215	So.	Avon, Minn. (Albany HS)
4	Maxie Rosenbloom	F	6-5	195	So.	St. Paul, Minn. (Johnson HS)
5	David Berthene	F	6-9	200	So.	Lakeville, Minn. (Lakeville North HS)
10	Jason Edwards	G	5-9	160	Jr.	Phoenix, Ariz. (Phoenix College)
12	Jon Krebs	G	6-5	205	So.	Mahtomedi, Minn. (Mahtomedi HS)
14	Mason Walters	F	6-7	225	Jr.	Milton, Wis. (Milton HS)
15	Brock Tesdahl	G	6-0	185	Fr.	Crosby, Minn. (Crosby-Ironton HS)
24	Jake Schalow	G	6-4	185	So.	Kaukauna, Wis. (Kaukauna HS)
25	Dillon Floyd	F	6-8	225	Fr.	Palm Springs, Calif. (Palm Springs HS)
32	Bryce Tesdahl	G	6-3	195	Sr.	Crosby, Minn. (Crosby-Ironton HS)
34	James Ellisor	G	6-5	195	Sr.	Glendale, Ariz. (Glendale CC)
44	Ryan Kinnell	C	6-10	230	Sr.	Yuma, Ariz. (Glendale CC)

ALPHABETICAL ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
5	David Berthene	F	6-9	200	So.	Lakeville, Minn. (Lakeville North HS)
1	Dermaine Crockrell	G	6-1	150	Jr.	Mesa, Ariz. (Scottsdale CC)
10	Jason Edwards	G	5-9	160	Jr.	Phoenix, Ariz. (Phoenix College)
34	James Ellisor	F	6-5	195	Sr.	Glendale, Ariz. (Glendale CC)
25	Dillon Floyd	F	6-8	225	Fr.	Palm Springs, Calif. (Palm Springs HS)
44	Ryan Kinnell	C	6-10	230	Sr.	Yuma, Ariz. (Glendale CC)
12	Jon Krebs	G	6-5	205	So.	Mahtomedi, Minn. (Mahtomedi HS)
3	Zach Noreen	F	6-6	215	So.	Avon, Minn. (Albany HS)
2	Lance Rongstad	G	6-3	205	Jr.	Eleva, Wis. (Eleva-Strum HS)
4	Maxie Rosenbloom	F	6-5	195	So.	St. Paul, Minn. (Johnson HS)
24	Jake Schalow	G	6-4	185	So.	Kaukauna, Wis. (Kaukauna HS)
15	Brock Tesdahl	G	6-0	185	Fr.	Crosby, Minn. (Crosby-Ironton HS)
32	Bryce Tesdahl	G	6-3	195	Sr.	Crosby, Minn. (Crosby-Ironton HS)
14	Mason Walters	F	6-7	225	Jr.	Milton, Wis. (Milton HS)

COACHING STAFF

Head Coach: Matt Bowen (Indiana '95), sixth season, 42-93 overall and 42-93 at Bemidji State University

Assistant Coach: Ryan Montgomery (Hamline University '06), second season as assistant, fourth after graduate assistant (2008-10)

Graduate Assistant: Kevin Williamson (University of Great Falls '07), second season

Volunteer Assistant: Rick Bowen

Athletic Trainer: Travis Shock

Support Staff: Reid Nichols, Student Manager; Dax Larson, Athletic Media Relations

PRONUNCIATION GUIDE

David BERTHENE - Birth-EEen

Jake SCHALOW - shallow

By Class

SENIORS (3)
Ellisor, Kinnell, Bryce Tesdahl

JUNIORS (4)
Crockrell, Edwards, Rongstad, Walters

SOPHOMORES (5)
Berthene, Krebs, Noreen, Rosenbloom, Schalow

FRESHMEN (2)
Floyd, Brock Tesdahl

By State

UNITED STATES (14)

ARIZONA (4)
Crockrell (Mesa)
Edwards (Phoenix)
Ellisor (Glendale)
Kinnell (Yuma)

MINNESOTA (6)
Berthene (Lakeville)
Krebs (Mahtomedi)
Noreen (Avon)
Rosenbloom (St. Paul)
Bryce Tesdahl (Crosby)
Brock Tesdahl (Crosby)

WISCONSIN (3)
Rongstad (Eleva)
Schalow (Kaukauna)
Walters (Milton)

CALIFORNIA (1)
Floyd (Palm Springs)

By Height

Ryan Kinnell 6-10

David Berthene 6-9

Dillon Floyd 6-8

Mason Walters 6-7

Zach Noreen 6-6

James Ellisor 6-5

Jon Krebs 6-5

Maxie Rosenbloom 6-5

Jake Schalow 6-4

Lance Rongstad 6-3

Bryce Tesdahl 6-3

Dermaine Crockrell 6-1

Brock Tesdahl 6-0

Jason Edwards 5-9

By Position

GUARDS (6)
Edwards, Crockrell, Krebs, Schalow, Brock Tesdahl, Bryce Tesdahl

GUARD/FORWARDS (1)
Rongstad

FORWARDS (6)
Berthene, Ellisor, Floyd, Noreen, Rosenbloom, Walters

CENTERS (1)
Kinnell



Top Row (L to R): Maxie Rosenbloom, Mason Walters Dillon Floyd, Ryan Kinnell, David Berthene, Zach Noreen, James Ellisor.
Bottom Row (L to R): Dermaine Crockrell, Brock Tesdahl, Jason Edwards, Bryce Tesdahl, Jon Krebs, Jake Schalow, Lance Rongstad.

**Division II Bulletin Poll
(Preseason)**

Rk	School
1.	Bellarmine
2.	Alabama-Huntsville
3.	BYU-Hawaii
4.	Missouri Southern
5.	Findlay
6.	Lincoln Memorial
7.	Tarleton State
8.	Bowie State
9.	Colorado School of Mines
10.	Saint Rose
11.	Central Oklahoma
12.	Alaska-Anchorage
13.	Southern Indiana
14.	West Liberty
15.	Queens (N.C.)
16.	Indiana (Pa.)
17.	Benedict
18.	Georgia Southwestern
19.	Metropolitan State
20.	Kentucky Wesleyan
21.	Humboldt State
22.	Augustana
23.	LIU-C.W. Post
24.	Seattle Pacific
25.	Winona State

Bold Italics - NSIC member

**2010-11 NORTHERN SUN INTERCOLLEGIATE CONFERENCE
FINAL STANDINGS**

	Conference			Overall			
	W	L	PCT.	W	L	PCT.	
1.	Minnesota State*#	19	3	.864	28	5	.848
2.	U-Mary #	18	4	.818	23	6	.793
3.	Augustana	15	7	.682	18	9	.667
4.	Winona State+#	13	9	.591	20	10	.667
	Concordia-St. Paul	13	9	.591	16	11	.593
6.	MSU Moorhead	12	10	.545	15	12	.556
	St. Cloud State	12	10	.545	15	14	.517
8.	Wayne State	9	13	.409	13	14	.481
	Southwest Minnesota State	9	13	.409	12	14	.462
10.	Northern State	8	14	.364	12	14	.462
	Bemidji State	8	14	.364	11	15	.423
	Minnesota Duluth	8	14	.364	10	16	.385
13.	Upper Iowa	7	15	.318	8	18	.308
14.	Minnesota, Crookston	3	19	.136	7	19	.269

* 2010-11 NSIC Regular Season Champions
 + - 2011 NSIC Tournament Champions
 # - 2011 NCAA Tournament Participants
 \$ - 2011 NCAA DII Central Regional Champions

**2011-12 NSIC MBB COACHES
PRESEASON POLL**

#	Team	Pts.	#1 votes
1	Augustana	164	9
2	Winona State +#	158	3
3	Minnesota State*#	140	1
4	Concordia-St. Paul	135	1
5	MSU Moorhead	122	
6	St. Cloud State	108	
7	Bemidji State	82	
8	SMSU	78	
9	Minnesota Duluth	76	
10	Northern State	67	
11	Wayne State	54	
12	University of Mary #	46	
13	Upper Iowa	31	
14	Minnesota, Crookston	13	

* 2010-11 NSIC Regular Season Champions
 + - 2011 NSIC Tournament Champions
 # - 2011 NCAA Tournament Participants
 \$ - 2011 NCAA DII Central Regional Champions

2010-11 Statistics / Recap

2010-11 CUMULATIVE STATISTICS

Overall Record: 11-15			NSIC: 8-14			Home: 4-8			Away: 7-7			Neutral: 0-0														
##	Player	GP	GS	Pts	Avg	TOTAL			3-PTS			REBOUNDS			PF	FO	A	TO	Blk	Stl	Min	Avg				
						FG	FGA	Pct	3FG	FGA	Pct	FT	FTA	Pct									Off	Def	Tot	Avg
34	Ellisor, James	26	25	449	17.3	176	304	.579	15	45	.333	82	104	.788	62	120	182	7.0	63	2	33	54	24	41	841	32.3
	Conference-Only	22	22	367	16.7	147	253	.581	12	35	.343	61	83	.735	53	98	151	6.9	55	1	28	44	22	37	712	32.4
02	Rongstad, Lance	22	12	261	11.9	74	167	.443	22	57	.386	91	103	.883	28	78	106	4.8	69	4	18	40	4	16	615	28.0
	Conference-Only	21	12	256	12.2	73	164	.445	22	56	.393	88	99	.889	28	77	105	5.0	66	4	18	38	3	15	598	28.5
13	Cassidy, Pat	26	24	275	10.6	96	179	.536	9	31	.290	74	97	.763	26	77	103	4.0	59	2	39	32	8	15	721	27.7
	Conference-Only	22	20	211	9.6	73	146	.500	5	26	.192	60	79	.759	20	63	83	3.8	51	2	34	26	6	15	615	28.0
14	Walters, Mason	25	18	243	9.7	79	191	.414	23	68	.338	62	89	.697	22	75	97	3.9	58	0	25	33	5	14	543	21.7
	Conference-Only	21	17	217	10.3	70	171	.409	20	60	.333	57	81	.704	20	71	91	4.3	49	0	23	32	4	13	487	23.2
32	Tesdahl, Bryce	26	26	248	9.5	68	164	.415	25	60	.417	87	111	.784	17	82	99	3.8	71	2	156	87	3	23	873	33.6
	Conference-Only	22	22	190	8.6	55	135	.407	18	47	.383	62	82	.756	14	71	85	3.9	62	2	130	70	2	22	751	34.1
11	Lindstrom, Jake	19	9	124	6.5	41	112	.366	20	62	.323	22	29	.759	4	21	25	1.3	32	0	29	19	1	11	421	22.2
	Conference-Only	16	8	103	6.4	36	97	.371	17	52	.327	14	17	.824	3	16	19	1.2	27	0	25	15	1	9	361	22.6
15	Lendl, Burke	22	8	131	6.0	47	105	.448	12	35	.343	25	31	.806	20	52	72	3.3	50	3	19	34	9	6	418	19.0
	Conference-Only	18	4	95	5.3	33	83	.398	9	27	.333	20	23	.870	17	37	54	3.0	40	3	13	26	7	4	321	17.8
03	Noreen, Zach	11	0	50	4.5	17	38	.447	6	19	.316	10	11	.909	4	16	20	1.8	8	0	2	6	1	5	131	11.9
	Conference-Only	10	0	48	4.8	16	36	.444	6	19	.316	10	11	.909	4	15	19	1.9	8	0	2	6	1	5	130	13.0
24	Schalow, Jake	24	3	104	4.3	29	59	.492	23	50	.460	23	25	.920	4	22	26	1.1	24	0	12	8	0	5	303	12.6
	Conference-Only	20	3	96	4.8	26	48	.542	21	41	.512	23	25	.920	4	17	21	1.1	21	0	8	8	0	5	236	11.8
25	Shepherd, Noah	14	3	22	1.6	10	17	.588	2	6	.333	0	0	.000	2	11	13	0.9	9	0	11	11	0	2	115	8.2
	Conference-Only	10	0	0	0.0	0	3	.000	0	1	.000	0	0	.000	2	5	7	0.7	2	0	4	5	0	0	41	4.1
44	Kinnell, Ryan	18	2	21	1.2	10	24	.417	1	7	.143	0	0	.000	6	28	34	1.9	27	2	2	4	4	0	148	8.2
	Conference-Only	15	2	16	1.1	8	18	.444	0	4	.000	0	0	.000	4	18	22	1.5	20	2	2	2	1	0	117	7.8
10	Whicker, Jeff	6	0	7	1.2	3	5	.600	0	1	.000	1	2	.500	0	1	1	0.2	1	0	1	0	0	0	16	2.7
	Conference-Only	3	0	5	1.7	2	3	.667	0	0	.000	1	2	.500	0	0	0	0.0	0	0	1	0	0	0	11	3.7
04	Rosenbloom, Maxie	17	0	17	1.0	4	9	.444	0	0	.000	9	14	.643	6	13	19	1.1	19	1	2	7	0	4	105	6.2
	Conference-Only	13	0	12	0.9	3	6	.500	0	0	.000	6	9	.667	4	8	12	0.9	12	0	1	5	0	4	70	5.4
	Total	26	1952	75.1	654	1374	.476	158	441	.358	486	616	.789	230	627	857	33.0	490	16	349	337	59	142	5250		
	Conference-Only	22	1616	73.5	542	1163	.466	130	368	.353	402	511	.787	198	521	719	32.7	413	14	289	279	47	129	4450		
	Opponents	26	1940	74.6	678	1502	.451	184	507	.363	400	545	.734	270	547	817	31.4	509	11	313	282	61	165	5250		
	Conference-Only	22	1629	74.0	562	1240	.453	163	432	.377	342	463	.739	218	473	691	31.4	424	9	259	243	54	139	4450		

SCORE BY PERIODS:	1st	2nd	OT	Total
Bemidji State	911	1021	20	1952
Opponents	903	1015	22	1940

DEADBALL REBOUNDS:	OFF	DEF	TOTAL
Bemidji State	60	14	74
Opponents	58	14	72

2010-11 INDIVIDUAL GAME-BY-GAME STATISTICS

Opponent	Date	Result	Player Statistics															
			2 LANCE RONGSTAD	3 ZACH NOREEN	4 MAXIE ROSENBLUM	10 JEFF WHICKER	11 JAKE LINDSTROM	13 PATRICK CASSIDY	14 MASON WALTERS	15 BURKE LENL	24 JAKE SCHALOW	25 NOAH SHEPHERD	32 BRYCE TESDAHL	34 JAMES ELLISOR	44 RYAN KINNELL			
at Michigan Tech	11/16/10	L, 101-88	DNP	DNP	0-1-0	0-0-0	3-1-0	19-5-1	13-2-0	10-2-1	2-1-2	3-2-3	8-2-3	25-6-0	5-1-0			
at Finlandia Lions	11/17/10	W, 84-63	DNP	2-1-0	5-6-1	2-1-0	DNP	13-3-1	4-1-0	9-3-2	3-3-2	2-1-0	23-4-10	21-6-0	0-4-0			
UW-STOUT	11/23/10	W, 89-87	DNP	DNP	0-0-0	DNP	13-4-3	18-5-1	8-1-1	10-7-1	3-1-0	13-2-3	11-5-7	13-11-3	DNP			
at Jamestown College	11/29/10	W, 75-60	5-1-0	DNP	0-0-0	0-0-0	5-1-1	14-7-2	1-2-1	7-6-2	0-0-0	4-1-1	16-3-6	23-8-2	0-7-0			
MSU MOORHEAD	12/3/10	L, 60-58	9-3-0	DNP	0-0-0	DNP	3-2-1	6-5-3	16-4-3	5-3-0	DNP	0-0-0	12-4-8	7-7-0	0-0-0			
MINNESOTA, CROOKSTON	12/4/10	W, 88-63	6-0-1	4-2-0	2-3-0	5-0-1	9-1-4	15-4-2	15-4-2	6-3-0	2-2-2	0-1-3	8-4-1	14-6-3	2-2-1			
WINONA STATE	12/10/10	L, 71-62	10-5-1	DNP	DNP	DNP	2-0-0	8-2-0	16-5-0	4-2-0	DNP	0-2-1	0-4-8	22-3-2	0-5-0			
UPPER IOWA	12/11/10	L, 83-80	22-8-1	DNP	DNP	DNP	3-1-1	13-2-3	3-2-0	0-2-0	0-0-0	0-1-0	16-2-5	21-11-1	2-1-0			
at Northern State	12/17/10	W, 92-86	14-5-1	DNP	0-1-0	DNP	DNP	12-4-0	15-6-0	2-3-0	11-3-0	0-0-0	7-3-11	27-6-0	4-5-0			
at University of Mary	12/18/10	L, 78-56	2-2-1	DNP	DNP	DNP	DNP	11-4-0	10-4-0	6-2-0	3-2-2	DNP	11-4-3	11-4-0	2-4-0			
at Minnesota Duluth	1/3/11	W, 101-76	11-13-1	0-0-0	0-0-0	0-0-0	8-1-1	22-5-2	19-11-5	10-4-2	2-2-0	0-0-0	15-2-5	12-4-0	2-0-0			
AUGUSTANA	1/8/11	L, 69-67	0-7-0	DNP	DNP	DNP	15-4-1	6-3-2	11-3-1	4-5-2	6-2-0	DNP	11-3-3	14-4-0	DNP			
WAYNE STATE	1/9/11	W, 63-53	17-6-1	DNP	DNP	DNP	13-0-3	2-3-3	5-5-1	4-5-2	3-0-0	DNP	5-5-6	14-13-1	0-2-0			
at St. Cloud State	1/14/11	L, 92-88 ot	27-5-1	DNP	DNP	DNP	4-2-0	3-1-1	17-6-2	10-5-0	1-0-0	DNP	12-4-10	14-8-1	0-1-0			
at Concordia University	1/15/11	L, 79-73	6-6-1	DNP	DNP	DNP	3-2-3	9-3-1	10-4-1	12-3-3	5-1-0	DNP	13-4-6	15-9-2	0-1-0			
at Minnesota State	1/21/11	L, 87-83	6-6-2	DNP	DNP	DNP	21-3-1	18-5-0	0-3-1	10-0-0	0-1-0	DNP	10-7-9	17-4-6	DNP			
at Southwest Minnesota State	1/22/11	L, 78-62	4-2-0	DNP	4-0-0	DNP	5-0-1	10-2-1	17-5-0	6-3-1	0-0-0	DNP	9-7-6	5-7-0	2-1-0			
UNIVERSITY OF MARY	1/28/11	L, 71-60	16-5-0	DNP	0-0-0	DNP	0-0-0	4-9-2	13-5-1	7-4-0	0-0-1	0-2-0	4-3-4	16-6-1	DNP			
NORTHERN STATE	1/29/11	L, 84-82	22-3-0	2-0-1	0-0-0	DNP	7-1-2	11-5-3	4-2-0	5-3-2	4-2-1	0-0-0	13-4-5	14-8-0	DNP			
MINNESOTA DULUTH	2/5/11	L, 89-75	DNP	0-0-0	2-1-0	DNP	4-0-2	8-4-1	18-2-0	4-5-0	4-0-1	0-1-0	7-4-6	28-3-1	DNP			
at Minnesota, Crookston	2/11/11	W, 85-78	22-7-2	9-4-0	0-0-0	DNP	2-2-4	5-4-0	9-5-3	DNP	11-2-0	DNP	12-2-0	15-8-0	DNP			
at MSU Moorhead	2/12/11	L, 70-62	13-5-0	5-1-0	DNP	DNP	4-0-1	5-5-2	6-7-1	DNP	3-1-1	DNP	4-2-5	22-8-1	0-0-0			
SOUTHWEST MINNESOTA STATE	2/18/11																	

2010-11 Results and Individual Leaders

2010-11 RESULTS AND INDIVIDUAL LEADERS

Date	Opponent	Record				Individual Highs				
		Result	Strk	Ovl/NSIC	Attn	Points	Rebounds	Assists	Steals	Blocks
11/16/10	at Michigan Tech	L, 101-88	L-1	1-0	765	25-Ellisor	6-Ellisor	3-Shepherd Tesdahl	1-Lendl Shepherd	1-Lendl Ellisor
11/17/10	at Finlandia University	W, 84-63	W-1	1-1	200	23-Tesdahl	6-Rosenbloom Ellisor	10-Tesdahl	1-Three with	1-Four with
11/23/10	UW-STOUT	W, 89-87	W-2	2-1	938	18-Cassidy	11-Ellisor	7-Tesdahl	2-Lindstrom	1-Cassidy Walters
11/30/10	at Jamestown College	W, 75-60	W-3	3-1	---	23-Ellisor	8-Ellisor	6-Tesdahl	2-Ellisor	2-Kinnell
12/3/10	MSU MOORHEAD	L, 60-58	L-1	3-2 / 0-1	844	16-Walters	7-Ellisor	8-Tesdahl	2-Ellisor	1-Ellisor
12/4/10	MINNESOTA, CROOKSTON	W, 88-63	W-1	4-2 / 1-1	867	15-Walters Cassidy, Pat	6-Ellisor	4-Lindstrom	1-Lindstrom Rosenbloom	1-Ellisor
12/10/10	WINONA STATE	L, 71-62	L-1	4-3 / 1-2	867	22-Ellisor	5-Three with	8-Tesdahl	2-Rongstad	2-Ellisor Walters
12/11/10	UPPER IOWA	L, 83-80	L-2	4-4 / 1-3	831	22-Rongstad	11-Ellisor	5-Tesdahl	2-Ellisor Tesdahl	None
12/17/10	at Northern State	W, 92-86	W-1	5-4 / 2-3	2633	27-Ellisor	6-Walters Ellisor	11-Tesdahl	3-Ellisor Tesdahl	1-Ellisor
12/18/10	at University of Mary	L, 78-56	L-1	5-5 / 2-4	1254	11-Three with	4-Five with	3-Tesdahl, Bryc	2-Three with	1-Lendl Kinnell
1/3/11	at Minnesota Duluth	W, 101-76	W-1	6-5 / 3-4	424	22-Cassidy	13-Rongstad	5-Walters Tesdahl	2-Cassidy	1-Ellisor Lendl
1/8/11	AUGUSTANA	L, 69-67	L-1	6-6 / 3-5	876	15-Lindstrom	7-Rongstad	3-Tesdahl	3-Ellisor	2-Ellisor
1/9/11	WAYNE STATE	W, 63-53	W-1	7-6 / 4-5	769	17-Rongstad	13-Ellisor	6-Tesdahl	2-Walters Ellisor	3-Ellisor Lendl
1/14/11	at St. Cloud State	L, 92-88 ot	L-1	7-7 / 4-6	2556	27-Rongstad	8-Ellisor	10-Tesdahl	3-Tesdahl Ellisor	1-Ellisor
1/15/11	at Concordia University	L, 79-73	L-2	7-8 / 4-7	780	15-Ellisor	9-Ellisor	6-Tesdahl	2-Ellisor	1-Tesdahl Ellisor
1/21/11	at Minnesota State	L, 87-82	L-3	7-9 / 4-8	1483	21-Lindstrom	7-Tesdahl	9-Tesdahl	4-Ellisor	1-Three with
1/22/11	at Southwest Minnesota State	L, 78-62	L-4	7-10 / 4-9	1644	17-Walters	7-Ellisor Tesdahl	6-Tesdahl	2-Three with	None
1/28/11	UNIVERSITY OF MARY	L, 71-60	L-5	7-11 / 4-10	859	16-Ellisor Rongstad	9-Cassidy	4-Tesdahl	2-Lindstrom Rongstad	1-Ellisor
1/29/11	NORTHERN STATE	L, 84-82	L-6	7-12 / 4-11	829	22-Rongstad	8-Ellisor	5-Tesdahl	2-Rongstad	3-Cassidy
2/5/11	MINNESOTA DULUTH	L, 89-75	L-7	7-13 / 4-12	884	28-Ellisor	5-Lendl	6-Tesdahl	1-Four with	2-Ellisor
2/11/11	at Minnesota, Crookston	L, 85-78	W-1	8-13 / 5-12	311	22-Rongstad	8-Ellisor	4-Lindstrom	2-Ellisor	None
2/12/11	at MSU Moorhead	L, 70-62	L-1	8-14 / 5-13	---	22-Ellisor	8-Ellisor	5-Tesdahl	2-Ellisor	None
2/18/11	SW MINNESOTA STATE	W, 84-66	W-1	9-14 / 6-13	803	25-Rongstad	9-Ellisor	7-Ellisor	2-Noreen	1-Ellisor Walters
2/19/11	MINNESOTA STATE	L, 77-73	L-1	9-15 / 6-14	957	27-Ellisor	6-Cassidy	10-Tesdahl	3-Ellisor Tesdahl	1-Cassidy
2/25/11	at Upper Iowa	W, 63-61 ot	W-1	10-15 / 7-14	800	21-Ellisor	9-Ellisor	8-Tesdahl	3-Ellisor	5-Ellisor
2/26/11	at Winona State	W, 60-58	W-2	11-15 / 8-14	2674	21-Schalow	9-Ellisor	6-Tesdahl	2-Rosenbloom	None
									2-Noreen	

TEAM GAME-BY-GAME COMPARISON

Opponent	1st	2nd	Score	Mar	Total FG	FG Pct	3-Pointers	3FG Pct	F-Throws	FT Pct	Rebounds	Assist	TO	Blk	Stl	Fouls
Michigan Tech	31/49	57/52	88-101	(13)	29-54/36-68	.537/.529	8-17/6-15	.471/.400	22-29/23-31	.759/.742	27/37 (10)	10/15	15/11	2/2	2/9	27/25
Finlandia Lions	39/27	45/36	84-63	+21	27-50/23-57	.540/.404	4-15/3-15	.267/.200	26-29/14-20	.897/.700	36/27 +9	16/9	15/12	4/3	3/4	19/22
UW-STOUT	44/42	45/45	89-87	+2	33-63/36-73	.524/.493	9-24/7-26	.375/.269	14-18/8-9	.778/.889	37/33 +4	19/18	13/8	2/2	4/8	12/15
Jamestown College	42/33	33/27	75-60	+15	23-44/21-64	.523/.328	7-17/5-19	.412/.263	22-29/13-22	.759/.591	38/29 +9	15/12	15/8	4/0	4/5	19/23
MSU MOORHEAD	26/23	32/37	58-60	(2)	18-44/23-68	.409/.338	7-19/3-19	.368/.158	15-18/11-17	.833/.647	31/44 (13)	15/5	14/7	1/2	5/10	21/15
MINNESOTA, CROOKSTON	45/32	43/31	88-63	+25	33-62/24-65	.532/.369	3-16/5-19	.188/.263	19-20/10-13	.950/.769	37/30 +7	20/10	12/11	1/4	2/7	14/18
WINONA STATE	29/38	33/33	62-71	(9)	24-56/27-64	.429/.422	5-18/11-29	.278/.379	9-10/6-11	.900/.545	29/41 (8)	12/15	13/11	4/2	5/7	14/11
UPPER IOWA	40/38	40/45	80-83	(3)	25-48/29-56	.521/.518	6-15/9-27	.400/.333	24-28/16-25	.857/.640	30/27 +3	11/19	15/10	0/4	5/5	21/23
Northern State	28/33	64/53	92-86	+6	27-53/24-63	.509/.381	4-20/8-26	.200/.308	34-44/30-44	.773/.682	41/36 +5	12/11	20/13	1/0	7/11	28/30
University of Mary	23/41	33/37	56-78	(22)	18-46/32-54	.391/.593	4-12/10-19	.333/.526	16-25/4-5	.640/.800	26/31 (5)	6/14	9/12	2/2	7/2	15/20
Minnesota Duluth	51/43	50/33	101-76	+25	35-53/25-72	.660/.347	3-14/9-25	.214/.360	28-37/17-19	.757/.895	45/28 +17	16/18	13/7	2/0	3/8	15/24
AUGUSTANA	35/32	32/37	67-69	(2)	23-57/26-57	.404/.456	8-20/4-13	.400/.308	13-22/13-18	.591/.722	33/41 (8)	9/6	9/10	3/0	6/3	17/19
WAYNE STATE	35/28	28/25	63-53	+10	22-55/21-53	.400/.396	8-18/4-20	.444/.200	11-15/7-9	.733/.778	42/27 +15	17/5	16/13	7/2	7/12	13/17
St. Cloud State	35/41	39/33	88-92	(4)	29-64/30-61	.453/.492	9-14/9-21	.643/.429	21-26/23-29	.808/.793	36/36 -	15/16	12/12	1/9	9/8	24/23
Concordia University	38/32	35/47	73-79	(6)	28-64/29-57	.438/.509	9-27/10-21	.333/.476	8-10/11-23	.800/.478	34/37 (3)	17/15	9/12	2/7	4/6	17/12
Minnesota State	41/46	41/41	82-87	(5)	29-55/28-55	.527/.509	7-13/5-17	.538/.294	17-22/26-31	.773/.839	32/28 +4	19/11	16/12	3/4	10/8	23/16
Southwest Minnesota State	35/33	27/45	62-78	(16)	18-57/27-48	.316/.563	5-20/9-18	.250/.500	21-26/15-22	.808/.682	31/37 (6)	9/13	9/15	0/2	7/3	19/20
UNIVERSITY OF MARY	26/32	34/39	60-71	(11)	20-54/28-55	.370/.509	6-22/6-17	.273/.353	14-14/9-12	.000/.750	35/26 +9	9/9	18/11	1/2	6/5	18/16
NORTHERN STATE	41/36	41/48	82-84	(2)	26-48/20-51	.542/.392	4-15/5-14	.267/.357	26-31/39-49	.839/.796	31/32 (1)	14/7	15/11	5/0	7/3	33/26
MINNESOTA DULUTH	32/50	43/39	75-89	(14)	27-53/32-66	.509/.485	4-16/13-28	.250/.464	17-20/12-16	.850/.750	24/38 (14)	11/20	7/6	4/1	4/4	12/17
Minnesota, Crookston	39/32	46/46	85-78	+7	20-44/26-52	.455/.500	5-12/4-14	.417/.286	40-49/22-29	.816/.759	37/23 +14	9/11	14/12	0/3	4/6	27/35
MSU Moorhead	32/28	30/42	62-70	(8)	23-57/23-49	.404/.469	2-15/13-24	.133/.542	14-18/11-17	.778/.647	29/28 +1	11/12	5/7	0/3	4/2	15/14
SOUTHWEST MINNESOTA STATE	37/18	47/48	84-66	+18	28-47/24-50	.596/.480	14-19/4-11	.737/.364	14-18/14-16	.778/.875	27/20 +7	19/12	14/12	2/2	4/9	16/18
MINNESOTA STATE	36/37	37/40	73-77	(4)	27-54/25-41	.500/.610	5-15/8-12	.333/.667	14-17/19-22	.824/.864	22/23 (1)	15/9	11/16	1/0	10/2	20/17
Upper Iowa	27/26	30/31	63-61	+2	25-51/22-53	.490/.415	5-11/6-12	.455/.500	8-15/11-15	.533/.733	33/29 +4	13/11	12/11	7/2	7/5	16/14
Winona State	24/33	36/25	60-58	+2	17-41/17-50	.415/.340	7-17/8-26	.412/.308	19-26/16-21	.731/.762	34/29 +5	10/10	16/12	0/3	6/13	15/19

2010-11 Player and Team Highs

2010-11 BSU PLAYER HIGHS

POINTS:28 Ellisor, James vs Minnesota Duluth (2/5/11)
27, 3x Ellisor vs MSU (2/19/11), Rongstad at SCSU (1/4/11), Ellisor at NSU (12/17/10)
25, 2x Rongstad vs SMSU (2/18/11), Ellisor at Michigan Tech (11/16/10)

FIELD GOALS MADE:11, 3x Ellisor, James at MSUM (2/12/11), Ellisor vs UMD (2/5/11),
Ellisor vs WSU(12/10/10)

FIELD GOAL ATT:19 Rongstad, Lance at St. Cloud State University (1/4/11)
18, 3x Ellisor vs MSU (2/19/11), Ellisor vs UMD (2/5/11), Ellisor vs WSU (12/10/10)

FG PCT (min 5 made):900 9-10 Cassidy, Pat at Minnesota Duluth (01/03/11)
833 5-6 Schalow, Jake at Winona State (2/26/11)
833 5-6 Noreen, Zach at Upper Iowa (2/25/11)
833 5-6 Ellisor, James at Minnesota, Crookston (02/11/11)
833 5-6 Rongstad, Lance vs Upper Iowa (12/11/10)

3 PT FG MADE:5 Schalow, Jake at Winona State (2/26/11)
4 Rongstad, Lance vs Southwest Minnesota State (2/18/11)
4 Lindstrom, Jake at Minnesota State (1/21/11)
4 Rongstad, Lance at St. Cloud State University (1/4/11)

3 PT FG ATTEMPTS:7 Lindstrom, Jake vs WSCMBB (01/09/11)
6, 5x Schalow at WSU (2/26/11), Walters vs U-Mary (1/28/11), Lindstrom at
MSU (1/21/11), Schalow at NSU (12/17/10), Lindstrom vs UW-Stout (11/23/10)

3-PT FG PCT (min 3 made): 1.000 3-3 Tesdahl, Bryce at CU (01/15/11)
1.000 3-3 Cassidy, Pat at Jamestown College (11/29/10)

FREE THROWS MADE:18 Rongstad, Lance at Minnesota, Crookston (02/11/11)
11 Walters, Mason at Minnesota Duluth (01/03/11)
11 Tesdahl, Bryce at Jamestown College (11/29/10)
11 Tesdahl, Bryce at Finlandia Lions (11/17/10)

FREE THROW ATT:20 Rongstad, Lance at Minnesota, Crookston (02/11/11)
16 Walters, Mason at Minnesota Duluth (01/03/11)

FT PCT (min 7 made): 1.000 11-11 Tesdahl, Bryce at Finlandia Lions (11/17/10)
1.000 9-9 Ellisor, James at Michigan Tech (11/16/10)
1.000 8-8 Lendl, Burke at Minnesota State (1/21/11)
1.000 7-7 Rongstad, Lance at St. Cloud State University (1/4/11)
1.000 7-7 Rongstad, Lance vs MSU Moorhead (12/3/10)

REBOUNDS:13 Ellisor, James vs WSCMBB (01/09/11)
13 Rongstad, Lance at Minnesota Duluth (01/03/11)

ASSISTS:11 Tesdahl, Bryce at Northern State (12/17/10)
10, 3x Tesdahl vs MSU (2/19/11), Tesdahl at SCSU (1/4/11), Tesdahl at Finlandia (11/17/10)

STEALS:4 Ellisor, James at Minnesota State (1/21/11)
3, 8x Ellisor at UIU (2/25/11), Ellisor vs MSU (2/19/11), Tesdahl vs MSU
(2/19/11), Tesdahl at SCSU (1/4/11), 3 Ellisor at SCSU (1/4/11), Ellisor vs Augie
(01/08/11), Ellisor at NSU (12/17/10), Tesdahl, Bryce at Northern State (12/17/10)

BLOCKED SHOTS:5 Ellisor, James at Upper Iowa (2/25/11)
3, 3x Cassidy vs NSU (1/29/11), Lendl vs WSC (01/09/11), Ellisor vs WSC (01/09/11)

TURNOVERS:6, 4x all Tesdahl, Bryce, vs MSU (2/19/11), at Minnesota State (1/21/11)
vs WSCMBB (01/09/11), at Michigan Tech (11/16/10)

2010-11 BSU TEAM HIGHS

POINTS:101 at Minnesota Duluth (01/03/11)
92 at Northern State (12/17/10)
35 at Minnesota Duluth (01/03/11)

FIELD GOALS MADE:33, 2x vs Minnesota, Crookston (12/4/10), 33 vs UW-Stout (11/23/10)

FIELD GOAL ATTEMPTS:64 at Concordia University, St. Paul (01/15/11)
64 at St. Cloud State University (1/4/11)

FIELD GOAL PERCENTAGE:660 35-53 at Minnesota Duluth (01/03/11)
596 28-47 vs Southwest Minnesota State (2/18/11)

3 PT FIELD GOALS MADE:14 vs Southwest Minnesota State (2/18/11)
9, 3x at CU (01/15/11), at SCSU (1/4/11), vs UW-Stout (11/23/10)

3 PT FG ATTEMPTS:27 at Concordia University, St. Paul (01/15/11)
24 vs UW-Stout (11/23/10)

3 PT FG PERCENTAGE:737 14-19 vs Southwest Minnesota State (2/18/11)
643 9-14 at St. Cloud State University (1/4/11)

FREE THROWS MADE:40 at Minnesota, Crookston (02/11/11)
34 at Northern State (12/17/10)

FREE THROW ATTEMPTS:49 at Minnesota, Crookston (02/11/11)
44 at Northern State (12/17/10)

FREE THROW PERCENTAGE: 1.000 14-14 vs University of Mary (1/28/11)
950 19-20 vs Minnesota, Crookston (12/4/10)

REBOUNDS:45 at Minnesota Duluth (01/03/11)
42 vs WSCMBB (01/09/11)

ASSISTS:20 vs Minnesota, Crookston (12/4/10)
19, 3x vs SMSU (2/18/11), at MSU (1/21/11), vs UW-Stout (11/23/10)

STEALS:10 vs Minnesota State (2/19/11)
10 at Minnesota State (1/21/11)

BLOCKED SHOTS:7 at Upper Iowa (2/25/11)
7 vs WSCMBB (01/09/11)

TURNOVERS:20 at Northern State (12/17/10)
18 vs University of Mary (1/28/11)

FOULS:33 vs Northern State (1/29/11)
28 at Northern State (12/17/10)

DOUBLE-DOUBLES

Player	Opponent (Date)	P	R	A
Bryce Tesdahl	Finlandia (11/17)	23*	---	10
James Ellisor	UW-Stout (11/23)	13	11	---
James Ellisor	Upper Iowa (12/11)	21	11	---
Mason Walters	Minnesota Duluth (1/3)	19*	11*	---
Lance Rongstad	Minnesota Duluth (1/3)	11	13*	---
James Ellisor	Wayne State (1/9)	14	13*	---
Bryce Tesdahl	St. Cloud State (1/14)	12	---	10

Breakdown: Ellisor (3), Rongstad (1), Tesdahl (2), Walters (1) - Total: 7

20-POINT GAMES

Player	Opponent (Date)	Points
James Ellisor	Michigan Tech (11/16)	25
James Ellisor	Finlandia University (11/17)	21
Bryce Tesdahl	Finlandia University (11/17)	23*
James Ellisor	Jamestown College (11/30)	23
James Ellisor	Winona State (12/10)	22
Lance Rongstad	Upper Iowa (12/11)	22
James Ellisor	Upper Iowa (12/11)	21
James Ellisor	Northern State (12/17)	27
Patrick Cassidy	Minnesota Duluth (1/3)	22
Lance Rongstad	St. Cloud State (1/14)	27
Jake Lindstrom	Minnesota State (1/21)	21
Lance Rongstad	Northern State (1/29)	22
James Ellisor	Minnesota Duluth (2/5)	28*
Lance Rongstad	Minnesota, Crookston (2/11)	22
James Ellisor	MSU Moorhead (2/12)	22
Lance Rongstad	Southwest Minnesota State (2/18)	25
James Ellisor	Minnesota State (2/19)	27
James Ellisor	Upper Iowa (2/25)	21
Jake Schalow	Winona State (2/26)	21*

Breakdown: Cassidy (1), Ellisor (10), Lindstrom (1), Rongstad (5), Schalow (1) Tesdahl (1) - Total: 19

10-REBOUND GAMES

Player	Opponent (Date)	Rebs
James Ellisor	UW-Stout (11/23)	11
James Ellisor	Upper Iowa (12/11)	11
Mason Walters	Minnesota Duluth (1/3)	11*
Lance Rongstad	Minnesota Duluth (1/3)	13*
James Ellisor	Wayne State (1/9)	13*

Breakdown: Ellisor (3), Rongstad (1), Walters (1) - Total: 5

10-ASSIST GAMES

Player	Opponent (Date)	Assists
Bryce Tesdahl	Finlandia University (11/17)	10
Bryce Tesdahl	Northern State (12/17)	11 ^t
Bryce Tesdahl	St. Cloud State (1/14)	10
Bryce Tesdahl	Minnesota State (2/19)	10

Breakdown: Tesdahl (4) - Total: 4

* - career-high

^t - ties career-high

**Bemidji St. (11-15)
Men's Basketball National Ranking Summary
Thru Games**

[Back to team selections](#)
[Northern Sun - All Teams](#)

Category	Rank	Actual	National Leader	Actual
Won-Lost Percentage (275 ranked)	182	42.3	West Liberty	97.1
Scoring Offense (275 ranked)	104	75.1	West Liberty	111.3
Scoring Defense (275 ranked)	199	74.6	Tarleton St.	53.3
Scoring Margin (275 ranked)	148	0.5	West Liberty	29.7
Field-Goal Percentage (275 ranked)	41	47.6	Bellarmine	52.1
Field-Goal Percentage Defense (275 ranked)	187	45.1	Cal St. Dom. Hills	37.6
Three-Point Field Goals Per Game (275 ranked)	150	6.1	West Liberty	14.8
Three-Point Field-Goal Percentage (234 ranked)	92	35.8	Shippensburg	41.8
Three Pt FG Defense (275 ranked)	226	36.3	Benedict	27.4
Free-Throw Percentage (275 ranked)	2	78.9	Findlay	80.9
Rebound Margin (275 ranked)	113	1.5	Lincoln Memorial	10.6
Assists Per Game (275 ranked)	125	13.4	West Liberty	24.5
Assist Turnover Ratio (275 ranked)	70	1.04	West Liberty	1.82
Blocked Shots Per Game (275 ranked)	207	2.3	S.C. Aiken	6.1
Steals Per Game (275 ranked)	242	5.5	West Liberty	14.0
Turnovers Per Game (275 ranked)	53	13.0	Mary	10.0
Turnover Margin (275 ranked)	238	-2.1	West Liberty	8.7
Personal Fouls Per Game (275 ranked)	120	18.8	Bentley	13.0

Category	Player	Rank	Actual	National Leader	Actual
Points Per Game (500 ranked)	James Ellisor	103	17.3	Parrish West, Alas. Fairbanks	27.2
	Lance Rongstad	489	11.9		
Field-Goal Percentage (284 ranked)	James Ellisor	32	57.9	Roderick Williams, Morehouse	70.2
Three-Point Field Goals Per Game (500 ranked)				Mark Dockery, King (TN)	4.1
Three-Point Field-Goal Percentage (72 ranked)				Brantley Osborne, Shepherd	47.1
Free-Throw Percentage (500 ranked)	Lance Rongstad	19	88.3	Nathan Hyde, Findlay	92.0
	James Ellisor	177	78.8		
	Bryce Tesdahl	190	78.4		
	Patrick Cassidy	237	76.3		
Rebounds Per Game (500 ranked)	James Ellisor	138	7.0	Marcus Goode, Benedict	11.8
Assists Per Game (500 ranked)	Bryce Tesdahl	9	6.0	D.J. Ferguson, Flagler	9.2
Blocked Shots Per Game (500 ranked)	James Ellisor	177	0.9	Temi Adebayo, Philadelphia U.	4.2
Steals Per Game (500 ranked)	James Ellisor	164	1.6	Martavius Orr, Ft. Val	3.6
Assist Turnover Ratio (248 ranked)	Bryce Tesdahl	74	1.79	Brandon Jenkins, FlaSo	4.66