

TURKEY TROT
5K RUN
&
1 MILE KIDS RUN
BEMIDJI STATE UNIVERSITY
BEMIDJI, MINNESOTA

November 26, 2011

9:00 am Registration begins

10:00 am 1 Mile run for kids

10:30 am 5K run

OFFICIAL REGISTRATION FORM—Turkey Trot 5K run
SATURDAY, November 26, 2011

Name _____ Division: 5K _____
Address _____ e-mail _____
City _____ State _____ Zip _____ Race Day Age _____ Sex _____
Phone # _____ Shirt Size: M _____ L _____ XL _____ (First 100 registrants will be guaranteed t-shirts)

RELEASE: In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound myself, my heirs, executors and administrators, do hereby release any and all sponsors, directors and volunteers of this event, the Turkey Trot of 2011 and their representatives, successors and assigns, from any and all liability from illness or injury I may suffer as a result from my participation in this event. I attest and verify that I am physically fit and properly trained for the completion of this event. I assume all risks associated with but not limited to falls, contact with other participants, the effects of the weather, traffic, temperature and course conditions. I also understand that fees are not refundable.

SIGNATURE

_____ Date _____ Registration \$20.00 \$ _____
Kids Registration \$5.00 \$ _____
Total Enclosed \$ _____

Make Checks Payable to BSU Track

**Mail Entries to The Turkey Trot 2010, Bemidji State University, Gillett Recreation Fitness Center,
PE 227, Bemidji MN 56601-2699 chougen@bemidjistate.edu**

START & FINISH WILL BE IN FRONT OF THE BSU GILLETT REC CENTER

TIMING:

A large digital clock will be located at the finish line for easy view by runners.

FACILITIES:

The starting and finishing areas are at the same spot. Parking and restrooms are available at both locations. Showers will be available in the Gillett Recreation Center and refreshments will be available at the finish to all participants.

WE WOULD LIKE TO SAY THANK YOU TO ALL OF OUR SPONSORS!